



“The greatness of a man is not in how much wealth he acquires, but in his integrity and his ability to affect those around him positively”

-Bob Marley

*Please note that this “living directory” will be updated on a regular basis. Please direct feedback and reviews of the listed services to the DEI Department @ dei@yorkcas.org.



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DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

ETHNO-SPECIFIC SERVICES / AGENCIES

SERVICE / ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Community Family Services of Ontario	Professional counselling, settlement, disabilities, and special needs services to individuals and families in need	Mandarin, Cantonese, English	4151 Gordon Baker Rd., Unit A Scarborough ON, M1W 2P3	416-979-8299	info@cfso.ca Home - CFSO
CICS: Centre for Information and Community Services	Community and settlement information/ services.	English, Albanian, Cantonese, Farsi, Gujarati, Hindi, Mandarin, Punjabi, Urdu and all other languages with the support of interpreters	7220 Kennedy Rd., Unit 8 Markham ON, L3R 7P2 (Markham South Welcome Centre) Newmarket Centre 130 Mulock Dr., Unit 2 (Yonge St. /Mulock Dr.) Newmarket, Ontario, L3Y 7C5	905-479-7926 905-895-3789	info@welcomecentre.ca www.cicscanada.com info@cicscanada.com www.cicscanada.com
Cross-Cultural Community Services Association	Settlement services and education for newcomers.	Cantonese, Mandarin, English	Metro Square 3636 Steeles Avenue East, Unit 213A Markham, Ontario, L3R 1K9	905-948-1671	info@tccsa.org www.tccsa.on.ca



Federation of Chinese Canadians in Markham (FCCM)	Programs for integrating Chinese Canadians into mainstreams of Canada.	Cantonese, Mandarin	9390 Woodbine Avenue, Unit 327 Markham, Ontario, Canada L6C 0M5	905-534-3221	info@fccm.ca http://fccm.taste-of-asia.ca/
Hong Fook Youth & Family Services	Providing culturally sensitive and linguistic-specific services to Chinese youths and families. Programs that provide strategies to cope with family and personal difficulties.	English, Chinese, Cantonese, Korean, Tagalog	3621 Hwy 7, Suite 301 Markham ON, L3R 0G6	416-493-4242	https://hongfook.ca/association/
Community Legal Clinic of York Region	Providing legal service (advice and representation), public legal education to community groups and community legal clinics.	Cantonese, Mandarin, English	21 Dunlop St., Richmond Hill ON, L4C 2M6	905-508-5018	client@clcyr.on.ca www.clcyr.on.ca
Markham Federation of Filipino-Canadians (MFFC)	Promote the appreciation of Filipino cultural heritage to other cultures. Support newcomers to integrate into their community.	English, Filipino	1151 Denison St, Markham, ON L3R 3Y4	905-305-1320	www.mffc.ca



Markham Filipino Heritage Group (Filipino Canadian Youth Council)	Children and youth of Filipino descent age 15-21, gathering to share and promote Filipino culture and values.	English, Filipino	58 Ramona Blvd. Markham ON, L3P 2K3	N/A	N/A
Japanese Canadian Cultural Centre	Japanese cultural courses in arts and dancing.	English, Japanese	6 Sakura Way North York ON, M3C 1Z5	416-441-2345	jccc@jccc.on.ca http://jccc.on.ca
Armenian Family Support Services	Settlement Service for immigrants, refugees, individual, family and youth counselling, education and referrals, transition programs.	Armenian, Farsi, French, Russian, Spanish, Arabi, and English services for residents in the GTA	920 Progress Ave. Toronto ON, M1G 3T5	416-431-5549	info@afsstoronto.org https://afsstoronto.ca/
Alliance for South Asian AIDS Prevention (ASAAP)	Providing health promotion, support, education, and advocacy for South Asian community living with HIV/AIDS.	English, Hindi, Tamil, Urdu, Gujarati, Punjabi, Bengali	120 Carlton, Suite 212 Toronto ON, M5A 4K3	416-599-2727	https://www.asaap.ca/
South Asian Legal Clinic of Ontario	Providing justice for low-income South Asian community. Services include advice, brief services, and legal representation.	English, Hindi, Kashmiri, Punjabi, Tamil, Urdu, interpreters available in other South Asian languages	45 Sheppard Avenue East, Suite 106A Toronto, ON M2N 5W9	416-487-6371	www.salc.on.ca



Settlement Assistance and Family Support Services	Offering linguistically and culturally appropriate services for newcomers and their families.	English, Bengali, Gujarati, Hindi, Punjabi, Urdu, Dari, Farsi, Tamil	1200 Markham Rd., Suite #214 Toronto ON, M1H 3C3	416-431-4847	info@safss.org www.safss.org
Vedic Cultural Centre	Private community center with a library of Vedic literature and programs for youth, women, and seniors.	English, Hindi, Punjabi	4345 14th Ave, Markham, ON L3R 0J2	905-475-5778	aryasamajmarkham@gmail.com www.vedicculturalcentre.com
South Asian Canadians Health and Social Services	Culturally appropriate services for South Asian men, women, seniors, and youth, including physical and health education, addiction, and stress.	South Asian Community	247 Main Street North, Brampton, ON L6X 1N3	647-523-6380	info.sachss@gmail.com maher2004@gmail.com https://sachss.ca/
Asian Community Aids Services	ACAS provide safer sex education and services to the East and Southeast Asian communities and support services to persons living with HIV/AIDS and members of the 2SLGBTQ+ communities.	East and Southeast Asian Communities	260 Spadina Avenue, Suite 401 Toronto ON M5T 2E4	416-963-4300	https://acas.org/contact/



CHEO – Children's Hospital of Eastern Ontario	Providing pediatric healthcare and research.	Children and youth in Eastern Ontario	401 Smyth Rd. Ottawa ON, K1H 8L1	613-737-7600	www.cheo.on.ca
COSTI Immigration and Settlement Services	Provides immigration and settlement support and services.	Multi-cultural and multi-lingual support services	1710 Dufferin St. Toronto ON, M6E 3P2	416-658-1600	www.costi.org
Centre for Spanish Speaking Peoples	Promotes resources, services, and support to Latinx/Hispanic community.	Spanish-speaking community in the GTA	2141 Jane St. Toronto ON, M3M 1A2	416-533-8545	www.spanishservices.org
South Asian Women's Support Group	Ongoing programs for South Asian women.	South Asian women	Zoom Virtual Meeting	Call Aisha at 647-545-8241 for more information or apply for program here	https://www.fsyr.ca/services/community-cultural-support/
Farsi Women's Support Group	Ongoing programs for Farsi women.	Farsi women	Zoom Virtual Meeting	Call Poopeh at 647-243-9646 for a pre-screening interview or apply for program here	https://www.fsyr.ca/services/community-cultural-support/
South Asian Women's Centre	Settlement programs and services.	South Asian women	800 Lansdowne Avenue, Unit 1 Toronto ON M6H 4K3	416-537-2276	www.sawc.org
Iranian Women's Organization of Ontario	An association of volunteer women dedicated to improving the lives of Iranian women and families	Iranian women and families	1761 Sheppard Ave. East, Ground Floor, Toronto, ON M2J 0A5	416-496-9566	info@iwontario.com https://iwontario.com/



Jewish Family and Child Services	A multiservice agency that strengthens and supports individuals, children, families, and communities in the context of Jewish values.	Jewish community in the GTA	9600 Bathurst Street Suite 242, Vaughan ON L6A 3Z8	416-638-7800	https://www.jfandcs.com/ infor@jband.com
Joseph and Wolf Lebovic Jewish Community Campus	A community campus offering services to the Jewish community; and extensive links to other GTA Jewish businesses, services, and synagogues.	Jewish community in the GTA.	4600 Bathurst Street, Vaughan ON L6A 3Z8	905-303-2353 x3000	Joseph & Wolf Lebovic Jewish Community Campus UJA Federation of Greater Toronto (jewishtoronto.com)
Abrigo Centre	A community organization supporting women, children, and families. Programs includes counseling and other extensive services.	Portuguese community and others	1645 Dufferin Street Toronto ON M6H 3L9	416-534-3434	www.abrigo.ca
UJA Federation of Greater Toronto: Schwartz/Reisman Centre (SRC)	To build and sustain a caring and community hub, welcoming to all, based on Jewish principles and connection to Israel.	Supports the Jewish community	9600 Bathurst St. Vaughan ON L6A 3Z8	905-303-5233	www.srcentre.ca/contact-us



JIAS – Jewish Immigration Aids Services	JIAS Toronto is a Jewish agency that upholds Canada's commitment to embrace immigrants and refugees.	Supports the Jewish community	9600 Bathurst St. Suite 242 Vaughan ON L6A 3Z8	416-630-6481	www.jiastoronto.org info@jiastoronto.org
The First Portuguese Canadian Cultural Centre	Not-for-profit organization rooted in the Portuguese community to support newcomers to Canada.	Supports the Portuguese community	60 Caledonia Rd. Toronto, ON M6E 4S4	416-531-9971	www.firstportuguese.com/contact-us fpccc@firstportuguese.com
Community Services Directory for Portuguese Speaking Older Adults	Information on social services, community organizations, housing, support services, health services, and additional service contact information.	Supports the Portuguese community	N/A	N/A	https://sinaigeriatrics.ca/wp-content/uploads/2018/01/22.-Portuguese-vs.2-1.pdf
Culture Link	A settlement and community organization, which develops services to meet the needs of diverse communities.	Services the Arabic speaking and other diverse community	2340 Dundas St. W Suite 301 Toronto ON M6P 4A9	416-588-6288	www.culturelink.ca
The Arab Community Centre of Toronto – ACCT	A not-for-profit organization that provides settlement and social services.	Services Arab and non-Arab communities	295 The West Mall, Suite 200 Etobicoke, ON M9C 4Z4	416-231-7746	www.acctonline.ca



Afghan Women's Organization, Refugee Immigrant Services	Provides services to new immigrants and convention refugees who are settling and integrating into Canadian Society.	Newcomers and convention refugees to Canada.	150 Consumers Rd. Unit 203 North York ON M2J 1P9	416-588-3585	https://afghanwomen.org/
York Hispanic Center	Offers services and programs that promote individual and social progress, the development of cultural heritage, social and community action.	Services the Hispanic community in the GTA.	1652 Keele St. Suite 107 Toronto ON M6M 3W3	416-651-9166	www.yorkhispanic.ca
Hispanic Development Council	Strives to achieve the attainment of collective goals for the diverse Latino and Hispanic community.	Services the Latino and Hispanic community in the GTA	1280 Finch Ave. W Suite 203 North York ON M3J 3K6	416-516-0851	www.hispanic-council.ca
Access Point	Centralized point where you can apply for individual mental health and addictions support services and supportive housing.	Supports people experiencing mental health crisis	145 Front St East Unit 301 Toronto, ON M5A 1E3 Canada	416-640-1934	https://theaccesspoint.ca/
Chinese / Community Family Services of Ontario	Support and empower women who have experienced violence. They offer individual &	Chinese women and children experiencing violence	4051 Gordon Baker Rd, Unit A, Scarborough, ON M1W 2P3	416-929-5200	info@cfso.care http://cfso.care



	group counselling, information, referrals, crisis intervention and case management.				
PCHS - Punjabi Community Health Services Greater Toronto Area Canada	Their goal is to Improve the well- being of Punjabi individuals, families and communities using an anti-racism and anti-oppression framework	Punjabi individuals, families and communities	439 Glenkindie Ave, Vaughan, ON L6A 2A2	905-677-0889	http://pchs4u.com info@pchs4u.com
Apna Health	South Asian Community health and wellness during the pandemic and beyond	South Asian Community	N/A	905-366-1010	https://apnahealth.org/ info@induscs.ca
Polycultural Immigrant and Community Services	Polycultural is dedicated to hosting an open and inclusive environment for all and provide a holistic approach to serve the needs of our community by providing a diverse range of programs	Immigrants, newcomers, and all diverse families and community members	17 Four Seasons Place, Suite 102 Toronto ON M9B 6E6	1-844-493-5839	https://www.polycultural.org/
MIAG – Centre for Diverse Women and Families	A non-profit charitable community organization who strives to address	Diverse families in the community	3034 Palstan Rd. Suite M3 Mississauga, ON, L4Y 2Z6	(905) 270 6252	https://www.miag.ca/



	community needs and to ensure the active participation of diverse communities including women, men, seniors, children, youth, and families				
South Asian Welcome Centre Counselling Centre	The South Asian Welcome Centre (SAWC) offers a range of programs that seek to provide hope to families and individuals, and help them become strong and valued contributors to their community.	Individuals, children, youth, newcomers, seniors, families, and communities	Unit 400 - Room 462 2 County Court, Brampton, ON	905-595-6777	sawcentre18@gmail.com https://www.southasianwelcomecentre.com/
Free For All Foundation	Free For All Foundation is a organization dedicated to provide social justice and advocacy services for marginalized communities	Individuals, children, youth, newcomers, seniors, families, and communities	289 Rutherford Rd S Unit 10 Brampton, ON L6W 1H9	905-499-4486	https://www.ffaf.ca/
Taiwanese Canadian Community Service Association	Provides information and referral services for newcomers, visitors, international students, and senior community orientation and	Members of the Taiwanese – Canadian Community	91 Glen Cameron Rd, Thornhill, ON L3T 1N8	905-947-4434	https://tccsa-toronto.ca/



	educational training programs, home visits, hospital visits and supportive counselling				
Canadian Centre for Victims of Torture	Aids survivors in overcoming the lasting effects of torture and war. In partnership with the community the centre supports survivors in the process of successful integration into Canadian society, works for their protection and integrity and raises awareness of the continuing effects of torture and war on survivors and their families.	Immigrants, newcomers, and all diverse families and community members	194 Jarvis St 2nd Floor Toronto, Ontario M5B 2B7	1-877-292-2288	info@ccvt.org https://ccvt.org/
Khalil Centre	Khalil Center is a psychological and spiritual community wellness center advancing the professional practice of psychology rooted in Islamic principles.	Muslim community	Muslim community	416-901-2244	info@khalilcenter.com https://khalilcenter.com/ca
Iranian Mental Health Centre	A non-profit organization	Canadian-Iranian community	7626 Yonge St #1, Thornhill, ON L4J 1V9	905 597 0660	Info@imhct.ca https://imhct.ca/



	comprised of psychiatrists, psychologists, and counsellors, who are all invested in mental health, education, counselling, and cultural activities. Our goal is to help promote mental health and prevent stigma, behavioural, and psychological issues within the Canadian-Iranian community.				
Ruh Care	Ruh Care is an online therapy platform that connects users to licensed Muslim therapists via phone and live video chats.	Muslim Community	N/A	hello@ruhcare.com 416-639-5993	Ruh Care Find Muslim Therapists and Counsellors Near You
SMILE Canada	SMILE Canada-Support Services is a charity dedicated to supporting children and youth with disabilities and their families.	Muslims/people with disabilities	N/A	familysupport@smilecan.org	SMILE CANADA - Support Services
Muslim Welfare Canada	We deliver support to the most vulnerable in our society – women and children	Muslim community	100 McLevin Avenue, Unit 4 Scarborough, ON M1B 5K1	Tel: (416) 754-8116 info@mwcanada.org	https://mwcanada.org/



	facing domestic violence, the elderly facing hunger, and the destitute around the world suffering poverty. We are here to uplift them, empower them and help them live dignified lives.				
Hidayah LGBT	Our mission is to provide support and welfare for LGBTQI+ Muslims and promote social justice and education about our community to counter discrimination, prejudice and injustice.	2SLGBTQ+ Muslims	N/A	info@hidayahlgbt.com	https://hidayahlgbt.com/
Queer Muslim Network	Dedicated to community building and uplifting 2SLGBTQ+ Muslims and their allies. Based in Toronto & Ottawa, QMN provides a safe and welcoming space for individuals who identify as both queer and Muslim, across all sects.	2SLGBTQ+ Muslims	N/A	info@queermuslimnetwork.com	https://www.queermuslimnetwork.com/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

BLACK, AFRICAN CANADIAN /CARIBBEAN SERVICES

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
York Region Alliance of African Canadian Communities	A not-for-profit organization offering services and links for ethnic and cultural services, i.e., youth programs and family services.	Services for Black, children, youth, and families throughout York Region.	1070 Major Mackenzie Dr. PO Box 5042 Richmond Hill, ON L4S 0B7	647-425-5700	info@yorkregionaac.c.ca https://yorkregionaac.ca/
Black Physicians of Canada	Links for services for mentorship in the medical field; information on physical health, mental health, black-owned businesses, and legal associations.	Services for Black youth and families in the GTA	N/A	N/A	www.Blackphysicians.ca/resources info@blackphysicians.ca
Black Health Alliance Resource Hub	Links for services for housing, food, and nutrition, mental / sexual /men's health services.	Services for Black children, youth, and families.	720 Bathurst Street, Suite 420 Toronto, Ontario M5S 2R4 Canada	N/A	info@blackhealthalliance.ca https://blackhealthalliance.ca/
Parents of Black Children	Addresses anti-black racism and disparity for Black students in the educational and child welfare systems.	Servicing children, youth, and families who identify as being Black and/or Bi-racial.	N/A	N/A	info@parentsofblackchildren.org https://parentsofblackchildren.org



MACCA (Markham African Caribbean Canadian Association)	MACCA offers a variety of educational, health and wellness, youth and social cultural programs and events.	Black families, children, and youth	505 Hood Road, Unit 5 Markham ON L3R 5V6	905-946-9998	info@macca1987.com
Black Physicians of Tomorrow	An organization dedicated to providing African, Caribbean, Canadian individuals with the tools and resources to prepare for and attain careers in the field of medicine and allied health professions.	Black Youths	Sarah McDonalds Place 1467 Whites Rd N, Pickering, ON L1V 6X1	905 409 9162	www.bptcommunity.ca info@bptcommunity.ca
Black Talents	An organization with the vision to inspire and build Black African, Caribbean, North American and multiracial youth who identify as Black between the ages of 13-23 for career success.	Black Youth	N/A	647-518-0157	www.blacktalents.ca info@blacktalents.ca
Black Public Health Collective	Social Justice and Advocacy.	Black Community	N/A	N/A	www.blackpublichealth.ca
Taibu Community Health Centre	Community led organization that serves the Black	Black Community	27 Tapscott Road Unit 1 Toronto ON M1B 4Y7	416-644-3536	info@taibuchc.ca



Community across the GTA.					
Black Queer Youth Collective	Providing support services and programming for Black Queer and Trans Youth.	Black Queer and Trans Youth	N/A	N/A	www.blackqueeryouthcollective.org info@blackqueeryouthcollective.org
Ujima House	YPR offers services for Black fathers and father figures.	Black Fathers and Father figures	1901 Weston Road Unit 18 Toronto M9N 3P5	416-916-2512	info@ujimafathering.com
The Walnut Foundation	An organization identifying the needs of Black Men in the areas of health and related issues.	Black Men	P.O. Box 74053 King's Point Plaza Brampton Ontario, L6V 4J7	905-799-2759	info@thewalnutfoundation.com https://thewalnutfoundation.com/
NACCA (Newmarket African Caribbean Canadian Association)	An organization built to create a more inclusive Newmarket Community for people of African descent.	Black children, families, and youths	449 Eagle Street, Newmarket Ontario L3Y 1K7	905-781-6222	www.naccacommunity.ca info@naccacommunity.ca
CAFCAN (Caribbean African Canadian Social Services)	Provides services for African Canadian children, youth and families through counseling, employment services, youth mentorship programs in the GTA.	Black children, Youths and Families	995 Arrow Road North York, Ontario M9M 2Z5	416-740-1056	info@cafcan.org https://cafcan.org/



Black Queer Youth Initiative/ Support Our Youth (Toronto)	Weekly drop-in program for Black Queer and Trans youth.	Black Youth in the GTA	333 Sherbourne St., 2nd floor Toronto, ON M5A 2S5	Contact: psalvani@sherbourne.on.ca	https://soytoronto.com/
Delta Family Resource Centre	Provides a wide range of programs, services including a food pantry, SNAP Program for Black children ages 6-11, after school programs, and OLORI Black Youth leadership program.	GTA community	2291 Kipling Avenue Unit 123 Etobicoke Ontario M9W 4L6	416-747-1172	contactus@dfrc.ca
Black Legal Action Centre	Provides free legal services to low- and no-income Black Ontarians who are facing a legal issue related to anti-black racism.	Black Ontarians	720 Spadina Avenue Suite 221 Toronto Ontario M5S 2T9	416-597-5831 1-877-736-9406 TTY 1-800-855-0511	www.blacklegalactioncentre.ca info@blac.clcj.ca
Black Youth helpline	Helpline designed specifically for Black Youths to promote access through culturally appropriate supports for youths.	Black Youth	1111 Finch Ave. W, Suite 411 Toronto ON M3J 2E5	416-285-9944 1-833-294-8650	info@blackyouth.ca https://blackyouth.ca
Tropicana Community Services	Culturally aware and supportive programs including counseling, settlement services,	Black, Caribbean and African Heritage	1385 Huntingwood Dr., Scarborough Ontario M1S 3J1	416-439-9009	info@tropicanacommunity.org www.tropicanaemployment.ca



	childcare, SNAP, education, personal development, and employment services.				
ACORN2OAK	Not-for-profit organization supporting youth, specifically Black and Indigenous youth who have been involved in the criminal justice system.	Youth aged 12-35 years	1224 Dundas Street East, Unit 25 Mississauga Ontario L4Y 4A2	905-566-2359	info@acorn2oak.ca https://acorn2oak.ca/
Byblacks.com	Largest online list of Black Canadian owned businesses in Canada.	Black Community throughout Canada	N/A	N/A	www.byblacks.com
WombCare	WombCare vision is to revolutionize reproductive healthcare for people of colour in Canada and across the globe	Racialized Women	1315 Pickering Parkway Suite 300 Pickering ON L1V 7G5	N/A	info@wombcareconsulting.ca https://www.wombcareconsulting.ca/
Innovative Supports for Black Parents	Provides links to 10 programs supported by the Innovative Supports for Black Parents Initiative.	Black Parents	N/A	N/A	www.blackparenting.ca



Black Moms Connection Facebook Group	Online global village of members providing culturally relevant programs to empower Black mothers.	Black Mothers and Family	N/A	N/A	https://www.facebook.com/blackmomsconnection/
Mental Health Practices: For People of African Descent while Isolated	Covid-related mental health supports.	GTA Black Community	N/A	N/A	https://davedoyen.medium.com/8-mental-health-practices-for-people-of-african-descent-while-isolated-75ad3449cedb
Housing Security for Black Tenants	Legal, social, and financial info for Black tenants during Covid.	GTA Black Community	N/A	416-597-5831 TTY: 1-800-855-0511	N/A
Rites of Passage	Online programming for African Canadian Men and Women.	GTA Black Community	815 Danforth Ave. Toronto, ON M4J 1L2	Oladipo Sagoe Supervisor, Rites of Passage (416) 301-1746 osagoe@woodgreen.org Debbie Donkor Supervisor, Rites of Passage (647) 248-1874 ddonkor@woodgreen.org	WoodGreen



The Kujistahi (self-respect)	Provides culturally relevant programs for Black families	GTA Black Community	N/A	To register, please click here	www.kujistahi@dfrc.ca www.whiwh.com/contact
Women's Health in Women's Hands	Community health centre for racialized women living in Toronto.	Racialized women in the GTA	2 Carlton St., Suite 500 Toronto ON, M5B 1J3	416-593-7655	www.whiwh.com
Kujenga	A family wellness project for Black Families.	Families in Durham Region	N/A	437-500-3496	info@kujengafamily.org
Black Coalition for AIDS prevention	BCA responds to the threat of HIV/AIDS in Toronto's African, Caribbean, and Black Communities.	African, Caribbean, and Black community in the GTA	20 Victoria St., 4th FL. Toronto ON, M5c 2N8	416-977-9955	www.blackcap.ca
Community Support for Black Canadian Youth	This initiative provides funding for projects that address the unique challenges that are faced by Black Canadian Youth.	Black Youth nationally	15 Eddie St. Gatineau, QC K1A 0M5	1-866-811-0055	https://www.canada.ca/en/canadian-heritage/services/funding/community-multiculturalism-anti-racism/community-support-black-canadian-youth.html
Rites for African Canadian Youth	A culturally specific identity development initiative.	Black and African Canadian youth between the ages of 13 and 17 years old	N/A	To connect with the group please contact either:	www.ctys.org



				Althea Reid at 416-910-5582 althea.reid@ctys.org OR Josette Leader at 416-731-0224 josette.leader@ctys.org	
OCASI- Ontario Counsel of Agencies Service Immigrants	This organization was formed to act as a collective voice to agencies serving immigrants and refugees.	Organizations and employees providing support to immigrants and refugees in Ontario	110 Eglinton Ave W Suite 200, Toronto, ON M4R 1A3	416-322-4950	www.ocasi.org
CAMH-SAPPACCY Program	Substance abuse program that addresses the addiction and mental health needs of Black youth of African Decent	Black youth of African descent in the GTA between the ages of 14 - 24 years.	80 Workman Way Toronto, ON -Queen St. Site	416-535-8501, ext. 2 –	https://www.camh.ca/en/your-care/programs-and-services/substance-use-program-for-african-canadian-caribbean-youth
SNAP (Stop Now And Plan	Free culturally-sensitive supports including: boys/girls skill based groups, parent skill based groups, individual counseling and community connections, school advocacy/support and other	Children ages 6-11 and their families that identify as being of African descent	N/A	Central Intake: 1-888-454-6275	https://childdevelop.ca/snap/snap-programs



	interventions as needed				
Stella's Place	Community Healing Project offers Counselling supports to youth	Youth aged 16-29 and upwards	54 Wolseley St. Toronto, ON M5T1A5	416 461-2345	https://stellasplace.ca/
Emergency Food Support: Afri-Can Food Basket	Provides emergency food support to individuals and families within Black communities in Toronto who have been affected by COVID19 and are in need to support access to food	individuals and families within Black communities in Toronto	59 Heathrow Dr, North York Ontario M3M 1X1	416-832-5639	https://africanfoodbasket.ca/
Across Boundaries	Provides a dynamic range of mental health support and services and works within Anti-Racism/Anti-Black racism and Anti-Oppression frameworks.	Black and racialized communities	51 Clarkson Avenue, Toronto, Ontario M6E 2T5, Canada	416-787-3007, ext. 222	http://www.acrossboundaries.ca/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

BLACK, AFRICAN CANADIAN/CARIBBEAN BUSINESSES

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Nappy's Hair Studio	Barber Shop.	Men, women, and children	2199 Midland Avenue # 6, Scarborough Ontario, M1P 3E7	416-502-0443	
Lock n Twists Natural Hair Studio	Barber Shop and Hairdresser.	Men, women, and children	7 Ardglen Drive Brampton ON L6W 1V1	905-463-1747	
All My Son Hair of Art Studio	Barber Shop.	Men and children	905 Dillingham Road #7 Pickering ON L1W 3X1	905-492-0217	
Conrad's Barber Shop and Hairstyling	Barber Shop.	Men and children	Markham and Scarborough location	416-751-0363	www.conradsbarbershop.ca/
Carolyn's Beauty Supply and Salon Ltd.	Barber Shop, Hairdresser, Hair Products.	Men, Women and Children	400 King Street W, Oshawa ON L1J 2J9	905-721-0548	www.carolynsbeautysupply.com/
Ragga Hair Studio & Beauty Store	Hairdresser and Beauty Studio.	Women, Children, 2SLGBTQ+ Community	135 Dundas Street East Toronto M5B 2N6	416-368-8113	www.raggahairandbeautysupply.com/
The Black Pages	Black Pages-Black Business Directory.	GTA	1390 Eglinton Avenue West, Toronto ON M6C 2E4	416-657-8884 416-784-3002	www.blackpagesdirectory.ca
Just Incredible Hair	Hair and Skin Supplies.	Black Community and GTA	1551 Eglinton Avenue West Toronto Ontario	416-787-7900	justincrediblehair@yahoo.com



					<a href="https://www.justinc
rediblehairs.com">https://www.justinc rediblehairs.com
Hair Trix Salon	Hair Salon and Beauty Supply Store.	Black Community and York Region	10217 Yonge Street Richmond Hill ON L4C 3B2	905-884-5016	<a href="https://hairtrixsalon.
com/">https://hairtrixsalon. com/ hairtrix@rogers.com
Secret Blaze Beauty Supply	Hair Supply and Products.	Black Community and GTA	50 Ravenscroft Road Ajax ON L1T 1W2	905-233-8338	<a href="http://www.secretblazebe
autysupply.ca">www.secretblazebe autysupply.ca <a href="mailto:secretblazebeautys
upply@gmail.com">secretblazebeautys upply@gmail.com
Diva Hair Design	Hairdresser.	Black Community	52 Ravenscroft Road, Ajax ON L1T 1W2	905-683-1988	N/A
Niyowa Canada African Caribbean Grocery Store	Grocery Store	Black Community	54 Ravenscroft Road, Ajax ON L1T 1W2	905-683-1988	N/A
Erica Beauty Supply Store and Hair Salon	Hairdresser and Beauty Supply.	Black Community	1192 Weston Road York, ON M6M 4P4 Canada	647-702-0024	<a href="https://erica-
beauty-supply-
store-hair-salon-
and.business.site/">https://erica- beauty-supply- store-hair-salon- and.business.site/
Trende Hair Design	Barber Shop.	Black Community	1880 Jane Street, North York ON. M9N 3S7	416-249-6808	N/A
Sunrise Caribbean Restaurant	Black Owned Caribbean restaurant.	Black Community and others	17915 Leslie Street Unit 8 Newmarket ON. L3Y 3E3	905-235-7600	N/A
Mona's Roti	Trinidadian Cuisine.	Black Community and others	4810 Sheppard Ave. East Scarborough ON	416-412-1200	<a href="http://www.monasroti.co
m">www.monasroti.co m



M1S 4N6					
Nicey's Eatery	Caribbean Cuisine.	Black Community and others	2290 Markham Road, Scarborough ON. M1B 2W4	416-321-9991	www.nicey.ca
Caribbean Jerk Pit	Caribbean Cuisine.	Black Caribbean Community and others	10737 Yonge Street, Richmond Hill ON. L4C 9M9	905-883-5798	www.cjerkpit.com
BSW	Beauty Supply Store and Products.	Black Community and others	3306 Keele Street, North York ON. M3M 2H7	416-498-9494	www.bswbeautyca.com bswonlinetm@gmail.com
Clore Beauty Supply	Beauty Supply Store.	Black Community and Others	55 Colossus Drive, Unit 124A Woodbridge L1L 9J8	289-657-0530	www.chlorebeauty.com
Danforth Food Market	Caribbean Grocery Store.	Caribbean Community	651 Markham Rd, Scarborough, ON M1H 2A4	416-439-6397	N/A



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

BLACK COUNSELLING/CONSULTING

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
ADWO CC	Counselling, Consulting: Mixed modality therapeutic approach, which includes Cognitive Behavior Therapy, Solution Focused Therapy, Person Centered Therapy, Mindfulness, and Emotional Intelligence.	Black Community	105 Consumers Drive unit #2, Whitby ON L1N 1C4	N/A	www.adwooc.com
ASET GROUP	Counselling/consulti ng: Depression, Anxiety, Trauma and PTSD, Play Therapy, Black Mental Health, Family and Couples therapy, Victim services and Trauma therapy.	Black Community	157 Harwood Avenue North, Pickering ON L1Z1R3	N/A	info@asetgroup.ca https://asetgroup.c a/
Become Resilient Individuals	Culturally responsive mental health support, service navigation and counselling to individuals, families, and children.	Black Community	N/A	647-500-4648	www.bricounselling. com



Jabari Community Services	Racial Trauma Counselling. Participants are supported in active treatment designed to address race-based stress to heal from the cumulative effects of racism on individual mental and physical health.	Black Community	N/A	416-706-7640	akilah@jabari.ca
Kahle Therapy & Consulting Services	Kahle Therapy & Consulting Services welcomes all racialized and marginalized individuals.	Black Community	N/A	289-207-7620	www.kahletcs.com kahletcs@gmail.com
Cedar Way Therapy	Cedar Way Therapy have trained and experienced clinicians from diverse backgrounds.	Black Community and Others	N/A	416-900-8077	aisha@cedarwaytherapy.com https://cedarwaytherapy.com/
Belfon Psychological Services	Provides psychological assessment, consultation, and intervention.	Provides services for families and children in the GTA.	109 Old Kingston Rd. Scarborough, ON M1E 3J5	289-660-2703	www.belfonpsychology.com info@belfonpsychology.com



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

FRENCH LANGUAGE SERVICES

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Association des Francophones de la Région de York	Servicing Francophone community in York Region.	Francophone community	1145 Nicholson Road, Newmarket ON L3Y 9C3	(289) 552-4297	afrycomite@yahoo.ca https://www.afry.ca/
Centre Francophone de Toronto	Extensive child, youth, and family support services.	Francophone community	555 Richmond St. West Suite 303 Toronto, ON M5V 3B1	416-922-2672 647-881-6761 /	www.centrefranco.org/fr/
FranceisON	All things French in Toronto.	Francophone community	2 Bloor Street East, Toronto ON. M4W 1A8	416-847-1900	www.franceison.com
Alliance Francaise de Toronto	An organization dedicated to the promotion of Francophone culture and bilingualism in the greater Toronto area.	Francophone Community	7828 Kennedy Road, Suite 228 Markham ON L3R 5P1	905-604-4011	www.alliance-francaise.ca markham@alliance-francaise.ca
Oasis Centre des Femmes	Supporting Francophone women in the GTA affected by violence/soutien aux femmes francophones de la région du Grand	Francophone women and children	465 Yonge Street, P.O. Box 73022 Wood Street, Toronto, ON, M4Y 2W5	416-591-6565	https://www.oasisfemmes.org/



Toronto touchées par la violence					
Colibri (Centre des femmes francophones du comté de Simcoe)	A Francophone prevention centre in Barrie for women who have experienced violence and/or sexual assault.	Francophone women and children	340-80 Bradford St, Barrie ON L4N6S7	1-877-797-2060	www.centrecolibri.ca
La Maison	Francophone shelter for women and child victims of domestic violence, offering a wide range of free services, supports and programs in French.	Francophone women and children	N/A	647-777-419	www.lamaison-toronto.org info@lamaison-toronto.org
Tel-Aide Outaouais	This service offers French-language mental health telephone support from 8 a.m. to midnight every day	Francophone community	N/A	613-741-6433 Toll Free: 1-800-567-9699	N/A
Fem'Aide VAM Francophone Crisis Line:	24/7 crisis line in French for women experiencing violence.	Francophone women and victims of violence	N/A	1-877-336-2433 or TTY: 1-866-860-7082 Text: 1-877-336-2433	https://femaide.ca/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

GENERAL DEI BOOKS, RESOURCES, AND LINKS

NAME	AUTHOR	AVAILABILITY	AGE LEVEL EMAIL / WEBSITE
INDIGENOUS READINGS			
Up Ghost River	Edmund Metatawabin	Indigo and Chapters	Adult
Seven Fallen Feathers	Tanya Talaga	Indigo and Chapters	Adult
21 Things you may not know about the Indian Act	Bob Joseph	Amazon and Chapters	Adult
Little Bear in Foster Care	Joseph Lyons	Goodminds.com	Children
www.mmiwg-ffada.ca Reclaiming power and place: The Final Report of the National Inquiry into Missing and Murdered Indigenous Women and Girls.	www.mmiwg-ffada.ca	www.mmiwg-ffada.ca	General
Braiding Sweetgrass	Robin Wall Kimmerer	Indigo and Chapters	Adult
Call Me Indian	Fred Saskamoose	Indigo and Chapters	Adult
True Reconciliation	Jody Wilson-Raybould	Indigo and Chapters	Adult
Indian Horse	Richard Wagamese	Indigo and Chapters	Adult



Inuit Qaujimajatuqangit: What Inuit Have Always Known to Be True (2017)	Joe Karetak, Frank Tester & Shirley Tagalik	Indigo and Chapters	Adult
Tammarniit (Mistakes): Inuit Relocation in the Eastern Arctic, 1939-63 (1994)	Frank Tester and Peter Kulchyski	Indigo and Chapters	Adult
Phyllis' Orange Shirt	Phyllis Webstad	Indigo and Chapters	Children's
The Inconvenient Indian: A Curious Account of Native People in North America	Thomas King	Indigo and Chapters	Adult
One Native Life	Richard Wagamese	Indigo and Amazon	Adult
Highway of Tears: A True Story of Racism, Indifference and Pursuit of Justice for Missing and Murdered Indigenous Women and Girls	Jessica McDiarmid	Indigo and Amazon	Adult
Probably Ruby	Lisa Bird-Wilson	Indigo and Amazon	Adult
A Stranger At Home: A True Story	Christy Jordan-Fenton & Margaret-Olemaun Pokiak-Fenton	Indigo and Amazon	Adult
A Two-Spirit Journey	Ma-Nee Chacaby & Mary Louisa Plummer	Indigo and Amazon	Adult
Unreconciled: Family, Truth and Indigenous Resistance	Jesse Wente	Indigo and Amazon	Adult
The Serviceberry	Robin Wall Kimmerer	Indigo and Amazon	Adult
2SLGBTQ+ READINGS			



Another Kind of Cowboy	Susan Juby	Indigo and Amazon	Teens
Asha's Mums	Rosamund Elwin and Michele Paulse	Amazon	Children
Bad Boy	Diana Wieler	Amazon	Teens
www.bookcentre.ca	The Canadian Children's Book Centre's List of 2SLGBTQ Books for kids and teens	Amazon	Teens and Children
All This Could Be Different	Sarah Thankam Mathews	Amazon	Adult
All Boys Aren't Blue	George M. Johnston	Amazon	Adult
ACE	Angela Chen	Chapters, Indigo and Amazon	Adult
Queer Love in Color	Jamal Jordan	Chapters, Indigo and Amazon	Adult
My Life in Transition	Julia Kaye	Chapters, Indigo and Amazon	Adult
Black Girl, Call Home	Jasmine Mans	Chapters, Indigo and Amazon	Adult
We Have Always Been Here: A Queer Muslim Memoir	Samra Habib	Chapters, Indigo and Amazon	Adult
Hijabi Butch Blues	Lamya H.	Chapters, Indigo and Amazon	Adult
OTHER READINGS			
How Good People Fight Bias	Dolly Chugh	Chapters, Indigo and Amazon	Adult
So, you want to talk about racism	Ijeoma Oluo	Amazon	Adult
How to be an anti-racist	Ibram X. Kendi	Amazon	Adult



The Skin we are in	Desmond Cole	Chapters, Indigo and Amazon	Adult
Sister Outsider	Audre Lorde	Chapters, Indigo and Amazon	Adult
The Hanging of Angelique: The Untold Story of Canadian Slavery and the Burning of Old Montreal	Dr. Afua Cooper	Chapters, Indigo and Amazon	Adult
We Should All Be Feminists	Chimamanda Ngozi Adichie	Chapters, Indigo and Amazon	Adult
We Are Displaced	Malala Yousafzai	Chapters, Indigo and Amazon	Adult
Son of Elsewhere: A Memoir in Pieces	Elamin Abdelmahmoud	Chapters, Indigo and Amazon	Adult
Dragon Ladies: Asian American Feminists Breathe Fire	Sonia Shah	Chapters, Indigo and Amazon	Adult
The Story of Jane: The Legendary Underground Feminist Abortion Service	Laura Kaplan	Chapters, Indigo and Amazon	Adult
Comrade Sisters: Women of the Black Panther Party	Ericka Huggins & Stephen Shames	Chapters, Indigo and Amazon	Adult
A Convenient Hatred: The History of Anti-Semitism	Phyllis Goldstein	Chapters, Indigo and Amazon	Adult
ACCESSIBILITY LEARNING MATERIALS			
Raising a Child She will Never Get to See: Julia's Daughter	N/A	https://www.youtube.com/watch?v=2N12sNvmkZw&t=17s	Adult
The Seeing Hand	N/A	https://www.youtube.com/watch?v=HOybG5SVDuo	Adult



Rolling Warrior: The Incredible, Sometimes Awkward, True Story of a Rebel Girl on Wheels Who Helped Spark a Revolution	Judith Heumann	Chapters, Indigo and Amazon	General
Funny, You Don't Look Autistic: A Comedian's Guide to Life on the Spectrum	Michael McCreary	Chapters, Indigo and Amazon	General
The Story of My Life	Helen Keller	Chapters, Indigo and Amazon	General



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

SOCIO-ECONOMIC SERVICES; GOVERNMENT SERVICES-DISABILITY, ON WORKS, PENSION, ETC.

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Food Bank of York Region	Nutritional community support.	Residents of York Region	8201 Keele Street, Units 5 & 6, Concord, ON L4K 1Z4	437-317-3710	https://fbyr.ca/
York Region Food Network	Nutritional community support.	Residents of York Region	350 Industrial Parkway South Aurora, ON L4G 3V7	905-841-3101 1-866-454-9736	4moreinfo@yrfn.ca
Chasdei Kaduri Jewish Food Bank	Weekly access to our stock of Kosher non-perishable food, bakery goods from local bakeries, fresh produce, eggs, dairy, hygiene supplies, and more	Jewish families within GTA	200 Viceroy Rd. Unit 14, Vaughan, ON L4K 3N8 *NOT open to the public. If you require assistance you must apply online and be accepted to receive deliveries	(289) 963 5900	https://chasdeikadu ri.org/ <a href="mailto:contact@chasdeika
duri.org">contact@chasdeika duri.org
Mazon Canada	Mazon is a grassroots community foundation that feeds both Jewish and non-Jewish Canadians in need by supporting front-line food projects across the country. Our partners include food banks, school nutrition programs, hot	Residents of York Region	Supports various food programs in York Region. Please go to website to find out locations.	1-866-629-6622	Click here



	meals at shelters, community garden projects, and more.				
Aurora Food Pantry	The Richmond Hill Community Food Bank is an independently run, non-profit, non-government agency, founded to provide temporary emergency food assistance to those in need.	Residents of Aurora and Oak Ridges area	350 Industrial Parkway South, Aurora, Ontario L4G 3V7	905-841-1577	http://aurorafoodpantry.ca Register by filling out brief form, book appointment online, call or visit during service hours
Richmond Hill Community Food Bank	We are here to support our community by providing for the food needs of families. WS Food Bank provides food to those in need in our community	Residents of Thornhill and Richmond Hill	55 Newkirk Road Richmond Hill, ON L4C 3G4	905-508-4761	https://www.richmondhillcommunityfoodbank.ca/
Vaughan Food Bank	Provides food assistance to individuals and families in need.	Residents of Vaughan	5732 Hwy # 7, Units 3 & 4, Woodbridge, ON L4L 3A2	(905) 851-2333	https://www.vaughanfoodbank.ca/
Whitchurch-Stouffville Food Bank	Community fridges give anyone access to fresh food for free any time they need it.	Residents of Whitchurch-Stouffville	86 Ringwood Drive, Unit 24 Whitchurch-Stouffville, Ontario L4A 1C3, Canada	905-591-4443	https://georginafoodpantry.com/need-food%3F
Georgina Food Pantry	East Gwillimbury Public Library hosts a Food Pantry for families and individuals in need. Information on employment supports, housing assistance, and other community services will be available.	Residents of Georgina	20849 Dalton Road P.O. Box 851, Sutton West ON, L0E 1R0	(905) 596-0557	https://georginafoodpantry.com/keswick-community



Keswick Community Fridge	Community fridge accessible to anyone in need of food.	Anyone in need of fresh food	Georgina Ice Palace (Main Entrance), 90 Wexford Drive	N/A	https://www.egpl.ca/services/food-pantry
Holland Landing Food Pantry	10-14 day supply of food once a month, supply includes fresh produce, non-perishable items, baby needs, pet needs and toiletries	Residents of East Gwillimbury	Holland Landing Branch, 19513 Yonge St East Gwillimbury, ON L9N 1P2	905-836-6492	https://newmarketfoodpantry.ca/
Newmarket Food Pantry	Welcome to take food from the fridge at any time, in any quantity, as often as they'd like. Whether you're looking for a quick snack or to top up on groceries, the community fridge is here for our community.	Residents of Newmarket and East Gwillimbury	1251 Gorham Street Units 8 & 9 Newmarket, ON, L3Y 8Y6	(905) 895-6823	https://newmarketfoodpantry.ca/
Newmarket Community Fridge	Our mandate, every month, is to provide a week of non-perishable foods, fresh produce, pet kibble and paper products to residents of King Township who seek assistance through registration with us.	Residents of Newmarket	Located in front of the Newmarket Public Library at 438 Park Ave, Newmarket, ON, L3Y 1W1	N/A	https://newmarketfoodpantry.ca/community-fridge/
King Township Food Bank	When visiting the Markham Food Bank, you will receive 7 to 10 days worth of nutritious food. This will include canned/packaged food as well as fresh foods like milk, fresh fruits and vegetables or meat when available. Beyond food, we also try to provide clients with necessary personal hygiene products such as soap, toothpaste, shampoo, etc. If you	Kettleby, Nobleton, and King City	PO Box 224, Schomberg, ON Canada L0G 1T0	(905) 806-1125	https://ktfb.ca/



have a child under one year, you will be offered formula and diapers as well.					
Markham Food Bank	Christian faith based community centre, and make it a platform for holistic outreach and social concern.	Must be resident of Markham	190 Bullock Dr Unit 11 Markham, ON L3P 7N3	905-472-2437	https://markhamfoodbank.ca/
105 Gibson Centre	Runs a Family Program through our Food Bank located in Vaughan, Ontario serving communities across York Region and GTA. Humanity First Food Bank delivers food hampers to those who are in need and cannot reach a food bank due to physical disability or lack of transportation.	Toronto and York Census Division	105 Gibson Drive, Markham, ON L3R 3K7	905-946-8787 x 107 By appointment only, please call	https://105gibson.com/food-bank/
Cornerstone Christian Community Food Pantry	Food baskets distributed monthly to local families	Markham or Stouffville area	9680 Ninth Line Markham, ON L6B 1A8	905-294-3554 ext. 3663 By appointment only, please call or go online	https://cornerstonechurch.ca/foodpantry/ Please see website for more details about how to access
Humanity First	Nutritional community support.	Individuals and families struggling with food insecurity in Toronto and GTA	600 Bowes Rd, Unit # 40, Concord, Ontario, L4K 4A3, Canada	(416) 440-0346	Info@humanityfirst.ca



Cedarview Community Church – Bread of Life Food Basket	Nutritional community support.	Newmarket area residents	100 Gorham Street, Newmarket, Ontario L3Y 1L8	905-895-8893	http://cedarview.org/
Ontario Community Support Association (Meals on Wheels Ontario)	Nutritional community Support.	Ontario Residents	180 Dundas St. W, Suite 1400- B M5G 1Z8	416-256-3010 1-800-267-6272	info@ocsa.on.ca
Healthy Now	We are a charitable organization offering transitional housing and immigration and settlement support in the spirit of good neighbours valuing dignity, mutuality and care. We are a diverse community where all are welcome.	Seniors in York Region	1190 Twinney Dr. Unit 4 Newmarket, ON L3Y 9E3	647-210-0047	info@HealthyNow.ca http://www.healthynow.ca/seniors
CHATS – Community and Home Assistance to Seniors – Meals on Wheels	Provides services public education on all forms of racism, mental health services and services for undocumented residents.	Seniors in York Region	240 Edward St, Suite 1, Aurora, ON L4G 3S9	905-713-6596	seniorshelp@chats.on.ca http://www.chats.on.ca/
Romero House	Financial assistance to get their kids into a sport or physical activity.	Refugee claimants in Toronto	1558 Bloor St W, Toronto, ON M6P 1A4	416) 763-1303	mainfo@romerohouse.org https://romerohouse.org/
Sistema Toronto	Sistema Toronto provides musical and intellectual opportunities to children in Toronto's underserved communities, with the goal of inspiring transformative social action. We build stronger communities by supporting	GTA community	N/A	N/A	info@sistema-toronto.ca https://www.sistema-toronto.ca/



children from marginalized neighbourhoods overcoming poverty, empowering them to grow and thrive as engaged citizens and future leaders.					
Routes Connecting Community	Transportation services	Services are provided to residents of York Region who cannot, because of their financial, physical or mental challenges, travel by conventional transit or tax	20849 Dalton Road, Sutton, ON P.O. Box 160, Sutton West, ON, L0E 1R0	(905) 722-4616	https://www.routescc.org/ info@routescc.org
Woodgreen Community Services	WCS promotes well-being and reduces poverty through innovative solutions to critical social needs.	GTA community	815 Danforth Ave., Suite 100 Toronto ON, M4J 1L2	416-645-6000	www.woodgreen.org
Homelessness Prevention Program	The Homelessness Prevention Program helps eligible York Region residents, who are homeless or at risk of homelessness not receiving Ontario Works or Ontario Disability Program benefits, to stabilize their housing	York Region residents	N/A	1-877-464-9675	https://www.york.ca/support/financial-assistance/rent-and-utility-assistance
Housing Stability Program	People on Ontario Works or the Ontario Disability Support Program who are behind on rental, mortgage or utility payments can	York Region residents	N/A	1-888-256-1112	https://www.york.ca/support/financial-assistance/rent-



get support from the Housing Stability Program					and-utility-assistance
Indigenous Services Canada	Works collaboratively with partners to improve access to high quality services to First Nations, Inuit, and Metis people.	Servicing First Nations, Inuit, and Metis people across Canada.	N/A	1-800-567-9604	www.canada.ca/en/indigenous-services-canada.html infopubs@sac-isc.gc.ca
Access York – York Region	Online information and services in York Region.	For those seeking services in York Region	In-person services closed due to Covid-19	1-877-464-9675 TTY 1-866-512-6228	accessyork@york.ca
Good Food Box Program	York Region Food Network's Good Food Box program offers fresh, quality fruits and vegetables from our local farmers at 19th Avenue. We purchase produce at wholesale pricing and pass that pricing along to you! The Good Food Box is available on the 1st and 3rd Wednesdays of each month. Orders and payment are due one week prior to each pickup date. Pick-up is available in Aurora, Markham, Richmond Hill and Stouffville	York Region residents	350 Industrial Parkway South Aurora, ON L4G 3V7	905-841-3101	4moreinfo@yrfn.ca
The City of Vaughan	Information and services available in the City of Vaughan.	For those seeking services in Vaughan.	Vaughan City Hall 2141 Major Mackenzie Dr. Vaughan, ON L6A 1T1	905-832-2281 1-844-832-2112	www.vaughan.ca



The City of Richmond Hill	Information and services available in the City of Richmond Hill.	For those seeking services in Richmond Hill	225 East Beaver Creek Road	905-771-8800	https://preview.richmondhill.ca
The City of Markham	Information and services available in the City of Markham.	For those seeking services in Markham	Markham Civic Centre 101 Town Centre Blvd. Markham ON, L3R 9W3	905-477-5530	customerservice@markham.ca https://www.markham.ca
Town of Aurora	Information and services available in the Town of Aurora.	For those seeking services in Aurora	Aurora Town Hall 100 John West Way Box 1000 Aurora ON, L4G 6J1	905-727-1375	www.aurora.ca
Town of Whitchurch-Stouffville	Information and services available in the Town of Whitchurch-Stouffville.	For those seeking services in Whitchurch-Stouffville	111 Sandiford Drive Stouffville ON, L4A 0Z8	905-640-1900 1-855-642-8696	www.townofws.ca
Town of Newmarket	Information and services available in the Town of Newmarket.	For those seeking services in Newmarket	395 Mulock Drive P.O. Box 328 STN Main Newmarket, Ontario	905-895-5193	www.newmarket.ca info@newmarket.ca
Town of East Gwillimbury (including Sharon)	Information and services available in the Town of East Gwillimbury.	For those seeking services in East Gwillimbury	19000 Leslie Street Sharon, ON L0G 1V0	905-478-4282	https://www.eastgwillimbury.ca/
Town of Georgina	Information and services available in the Town of Georgina.	For those seeking services in Georgina	Town of Georgina 26557 Civic Centre	905-476-4301	info@georgina.ca https://www.georgina.ca/



(Including Keswick, Sutton/Jackson's Point, Pefferlaw)			Road, R.R. #2 Keswick ON, L4P 3G1		
King City	Information and services available in King City.	For those seeking services in King City	2585 King Rd. King City ON L7B 1A1	905-833-5321 1-800-688-5013	Serviceking@king.ca https://www.king.ca/
Housing York Inc.	Housing programs and services.	Those seeking housing in York Region	1091 Gorham St, Newmarket, ON L3Y 8K7	905-898-1007	www.york.ca
The Housing Help Centre	Housing programs and support services.	Those seeking housing in York Region	205-2500 Lawrence Avenue East Scarborough, ON, M1P 2R7	416-285-8070	https://www.shhc.ca/
York Housing and Support Services	Housing support services.	Those seeking housing in York Region	16580 Yonge Street Newmarket, Ontario L3X 2N8	(289) 366-4673 Ext. 240	oce_yhss@can.salvationarmy.org
Sutton Youth Services	Emergency and Transitional housing services, aftercare services, drop-in center.	For youth seeking emergency shelter	20898 Dalton Rd. Sutton, ON L0E 1R0	905-722-9076	contact@suttonyouthshelter.ca
Access Alliance	Access Alliance Language Services (AALS) offers high quality language services to health care, social service agencies in the Greater Toronto Area.	Families in the GTA	340 College Street, Suite 500, Toronto Ontario M5T 3A9	416-324-8677	https://accessalliance.ca/contact-us/



WelcomeOntario.ca	Created to bring together trustworthy information for those helping refugees settle in Ontario.	Social Services support workers helping refugees in Ontario	N/A	N/A	www.welcomeontario.ca
Ontario Works (OW)	York Region Ontario Works and employment resources.	Social Services for residents of Ontario	62 Bayview Pkwy Newmarket ON L3Y 2P5	1-877-464-9675	https://www.york.ca/support/ontario-works
Ontario Disability Support Program (ODSP)	York Region Ontario Social Support services.	Social Services for residents of Ontario	17310 Yonge St. Newmarket ON L3Y 7R8	905-868-8900	https://www.ontario.ca/page/ontario-disability-support
Family Law Information Centre (FLIC)	Providing general information and services regarding separation, divorce and related Family Law issues.	Law support services for Ontarians residing in York Region	Ontario Supreme Court of Canada 50 Eagle St. W Newmarket, ON L3Y 6B1	905-853-4816	www.attorneygeneral.jus.gov.on.ca
Legal Aid Ontario	Provides legal services for financially eligible, low-income Ontarians in the following areas: domestic violence, family law, immigration and refugee law, criminal law, civil mental health law and poverty law	Low-income Ontarians	N/A	1-800-668-8258	https://www.legalaid.on.ca/
JusticeNet	A not-for-profit service helping people in need of legal expertise, whose income is too high to access legal aid and too low to afford standard legal fees.	Individuals needing legal advice, but income is too high for Legal Aid	8185 Yonge St., Suite 213 Thornhill, Ontario L3T 2C6	N/A	info@justicenet.ca https://www.justicenet.ca/contact-us/
Law Society Referral Service	Connecting people looking for legal assistance with a lawyer or	Anyone within Ontario looking	Osgoode Hall, 130 Queen Street West	1-800-668-7380	https://lso.ca/public-resources/finding-



	paralegal. If you're looking for a lawyer referral service or paralegal referral service, LSRS can help. For anything from dealing with a traffic ticket to buying your first home, you can find a legal representative with LSRS	for legal assistance	Toronto, ON M5H 2N6		a-lawyer-or-paralegal/law-society-referral-service
Legal Line	Our 2,500 answers give people the power and confidence they need to make informed decisions that affect everyday life. Organized under 48 areas of law, our answers allow people to easily zero-in on the specific answers they need. Those who need further help are referred to experts — lawyers, paralegals, government offices, and other professionals.	Anyone seeking legal advice	111 Gloucester Grove Toronto, Ontario, Canada M6C 2A7	(416) 929-8800	https://www.legalline.ca/
Street Outreach Van	Provides mobile services and supplies for people who are street involved, homeless and at risk of being homeless at various locations throughout York Region.	Low-income individuals	N/A	1-866-553-4053	https://www.york.ca/support/street-outreach
Red Dot Project	To provide people who are experiencing homelessness provides menstrual kits that are designed with the input of the people receiving them	Low-income individuals	N/A	N/A	Info@RedDotProjectToronto.org
Coats for Kids	Provides free winter outerwear from Infant to adult to those in need	Low-income families	P.O. Box 55, Newmarket, Ontario, L3Y4W3	905-895-1441	https://www.newmarketlionsclub.com/coats-for-kids/



					northnewmarketlions@yahoo.ca
JRCC Furniture Depot	Aims to give free furniture to families and individuals in need	Low-income families in York Region and Toronto	1416 Centre Street Unit 6 Thornhill, Ontario	416-222-7105 Ext. 500	https://www.jrccfurnituredepot.org/
Shelter Movers	Provides a no-cost moving and storage service to individuals and families fleeing intimate partner violence	Families fleeing intimate partner violence	N/A	Request a move in Toronto: 1-855-203-6252 (ext. 1) info@sheltermovers.com Request a move in Peel Region: 1-855-203-6252 (ext. 103) info.peel@sheltermovers.com Request a move in York Region: 1-855-203-6252 (ext. 102) yorkregion@sheltermovers.com	https://www.sheltermovers.com/
SafePets	SafePet Ontario provides pet safekeeping for those fleeing family violence & human trafficking. We help survivors escape abuse by temporarily caring for their beloved pets	Ontario residents	N/A	https://www.safepet.ca/apply	http://www.safepets.ca



The Farley Foundations	The Farley Foundation helps low-income pet owners in Ontario by subsidizing the cost of non-elective veterinary care for their sick or injured pets.	Eligible residents in Ontario	N/A	If you meet the eligibility criteria, you must speak to your veterinarian about the possibility of applying for Farley Foundation funding. Applications for funding can only be sent by veterinarians.	http://thefarleyfoundation.org
HelpingPAWS Toronto	If you are a client of a shelter or 24-hour homeless service in Toronto and have a pet, speak with staff to access free pet services. Staff will submit a referral form for you and you will be notified of your appointment date and time within one business day.	Individuals who are in a Toronto shelter	416-338-6281	Spayneuter@toronto.ca	https://www.toronto.ca/community-people/housing-shelter/homeless-help/pet-services-in-homeless-shelters/
Healthy Smiles Ontario	Program covers regular visits to a dentist or registered dental hygienist to maintain a healthy mouth and teeth. It is for children from households in financial hardship who meet income eligibility criteria.	Children in Ontario under the 17 years old and younger	N/A	Service Ontario INFOLine at Toll-free: 1-844-296-6306 or TTY Toll-free: 1-800-387-5559	https://www.york.ca/health/dental/regular-dental-coverage



Tax Clinic	If you have a modest income and a simple tax situation, volunteers at a free tax clinic may be able to complete your tax return for you. Free tax clinics are generally offered between March and April across Canada, but some are open year-round.	Folks across Canada who meet eligibility	Various locations please click here for more information	N/A	https://www.canada.ca/en/revenue-agency/campaigns/free-tax-help.html
Welcoming Arms	They offer various programming such as community meal programs, basic needs, seasonal and financial programs.	Low-income families in Aurora	44 Metcalfe Street Aurora, ON L4G 1E6	905-726-1483	https://www.welcomingarms.ca/new-page
Canadian Pension Plan Death Benefit (CPP/OAS)	Is a one-time payment, payable to the estate or other eligible individuals, on behalf of a deceased CPP contributor.	Eligible individuals of a deceased CPP contributor	N/A	N/A	https://www.canada.ca/en/services/benefits/publicpensions/cpp/cpp-death-benefit.html
Disability Tax Credit (DTC)	The disability tax credit (DTC) is a non-refundable tax credit that helps people with disabilities, or their supporting family member, reduce the amount of income tax they may have to pay	Eligible individuals in Canada	N/A	N/A	https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html
Ontario Drug Benefit Program	Get help paying for prescription drugs when you qualify for the Ontario Drug Benefit program.	Please click here to find out eligibility requirements	N/A	N/A	https://www.ontario.ca/page/get-coverage-prescription-drugs#section-0



Trillium Drug Program	Helps Ontarians pay for their high prescription-drug costs.	Please click here for eligibility requirements	N/A	N/A	https://www.ontario.ca/page/get-help-high-prescription-drug
Assistive Devices Program (ADP)	The Assistive Devices Program (ADP) helps people with long-term physical disabilities pay for customized equipment, like wheelchairs and hearing aids. The ADP also helps cover the cost of specialized supplies, such as those used with ostomies.	Please click here for eligibility requirements	N/A	N/A	https://www.ontario.ca/page/assistive-devices-program
Phone It Forward (CNIB)	CNIB wants to ensure that anyone who is blind or partially sighted can benefit from safety, independence, and enablement that a smartphone, along with the proper training, can provide. If you have sight loss, live in Canada and are registered with the CNIB Foundation, you are eligible for a free smartphone through Phone It Forward.	Living in Canada and registered with CNIB or would like to register with CNIB	N/A	1-833-554-5020	https://www.cnib.ca/en/phone-it-forward-0?region=on
Equipment Funding (Easter Seals Ontario)	Easter Seals programs and services enable kids with physical disabilities. They offer funding support for families such as Equipment Funding, Incontinence Supplies Grant, Top-Up Grant and Scholarship program.	Children with physical disabilities and their families	N/A	Please click here to find out contact information for each program	https://services.easterseals.org/about/about-our-services/#
The Education Bank	A charitable organization that supports underprivileged families	Families within the GTA	857 Milner Avenue Unit 104	416-546-1467	https://educationbank.ca/



	by providing urgently needed learning resources, school materials, and developmental programs from tutoring to competitive robotics.		Scarborough, ON M1B 5N6		
Shine Through the Rain Foundation	Shine Through the Rain Foundation aims to help individuals and families affected by life-threatening illness, working hard to improve and enrich the lives of those who approach us in their time of need. We support adults, children and families from all walks of life, providing advice, guidance and financial support as they try to navigate emotional, physical and financial challenges that arise from a health crisis.	Canadian citizens from low-income families who are undergoing treatment for a life-threatening illness	329 Pasadena Drive Keswick, ON L4P 2Z2	905-477-7743	https://shinethroughtherain.ca/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

MAINSTREAM SERVICES

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Catholic Community Services	Provides support and counsel to individuals and families from diverse backgrounds and faiths.	Provides services to those who speak English, Polish, Farsi, and Chinese	21 Dunlop St. Unit 101 Richmond Hill ON L4C 2M6	905-770-7040 TTY: 1-800-263-2075	ccsyrr@ccsyrr.org www.ccsyrr.org/contact-us
Parya Trillium Foundation	Community Centre and program geared towards the Iranian community in York Region.	Persian, English	344 John Street Thornhill ON L3T 5W6	905-764-0202	admin@parya.org www.parya.org
CAMH - Centre for Addition and Mental Health	Mental health teaching hospital providing brief interventions, assessments, mental health supports, addictions services, in/outpatient services, and family support.	Serving children, youth, and adults. Services offered in Tamil, Hindi, Urdu, Farsi, Mandarin, Cantonese, and Punjabi	Emergency Department: 1051 Queen Street West Toronto ON, M6J 1H3	416-535-8501 1-800-463-2338	https://www.camh.ca
Central Intake	Central Intake is a City-operated, 24/7 telephone-based service that offers referrals to emergency shelter and other overnight accommodation, as well as information about other homelessness services	Toronto and GTA	N/A	416-338-4766 or 1-877-338-3398 or by calling 311	https://www.toronto.ca/community-people/housing-shelter/homeless-



CMHA - Canadian Mental health Association	Mental health and addiction support services.	Local branches are established to service children, youth, and adults across Ontario.	Head Office: 180 Dundas St. W Suite 2301 Toronto ON M5G 1Z8	1-800-875-6213	https://ontario.cmh.ca/
Toronto Central Health Line	Up-to-date information about health services in Toronto, Ontario.	For those looking for health services available in Toronto, Ontario	N/A	N/A	www.torontocentralhealthline.ca
Connex Ontario	Connex Ontario provides service information for people experiencing problems with gambling, drugs, alcohol, or mental health. Helpful, supportive system navigation specialists answer all calls, emails or web chat requests 24/7.	Anyone looking for addictions and mental health support in Ontario	N/A	1-866-531-2600	https://www.connexontario.ca/en-ca/
FSYR - Family Services of York Region	Individual, couple and family counselling and support services.	Youth and adult services for residents of York Region.	Main Office: 1091 Gorham St. Suite 300 Newmarket ON L3Y 8X7	905-895-2371 1-888-223-3999	https://www.fsyrcanada.ca/
ASCO - Addictions Services Central Ontario	Treatment services and support for those struggling with substance use and problem gambling.	Youth 12+ and adults residing in York Region	14785 Yonge St Unit 210 Aurora, ON L4G 1N1	905-841-7007	www.asyrcanada.ca



Hospital for Sick Children (Sick Kids Hospital)	Providing full health services and support to children, youth, and their families.	Provides services for infants, children, and youth.	555 University Ave, Toronto, ON M5G 1X8	416-813-1500	https://www.sickkids.ca/
Kinark Child and Family Services	Children's mental health services	Families in York Region	7271 Warden Ave, Markham, ON, L3R 5X5	1-800-230-8533	info@kinark.on.ca autisminfo@kinark.on.ca
York Hills Centre for Children, Youth, and Families	Offers a range of services to support families, children and youth including counselling, residential and day treatment services, Assessments, and mediation.	Families, children, and youth in York Region.	402 Bloomington Rd. Aurora ON L4G 0L9	905-503-9560	www.yorkhills.ca yorkhills@yorkhills.ca
JAMH – Justice and Mental Health program at The Scarborough Hospital	Designed to aid and support individuals who suffer from a major mental health illness and have a criminal history.	Servicing the GTA population.	2425 Eglinton Ave., E Scarborough ON M1K 5G8	416-438-2911	https://www.connexontario.ca/mental-health-service-scarborough-14602
YMCA -Richmond Hill	Employment and community services centre.	Residents of York Region	10610 Bayview Ave. Unit 12 Richmond Hill ON L4C 3N8	905-780-9622	www.wmcagta.org memberservices@wmcagta.org
YWCA -Toronto	Employment, training, housing services.	Servicing Toronto Residents	87 Elm St. Toronto ON M5G 0A8	416-961-8100	www.ywcatoronto.org INFO@YWCATORONTO.ORG
Victim Witness Assistance Program	A court-based program that provides information, help and support to victims and witnesses of crime so they can understand	Residents of GTA	Newmarket Courthouse, 50 Eagle St W, Unit 2004	905-853-4818	https://ovss.findhelp.ca/record-detail/71449266/?searchLocation=New



	and participate in the criminal court process.		Newmarket, ON, L3Y 6B1		market&topicPath=541&latitude=44.059187&longitude=-79.461256
John Howard Society York Region	We work for the people affected by the justice system. Through evidence-based programs focused on prevention, intervention and re-integration, we build better futures for individuals and safer communities for all.	Residents of York Region	306-16600 Bayview Avenue, Newmarket, ON L3Y 1Z9	905-895-9943	admin@johnhoward.yorkregion.on.ca https://johnhoward.on.ca/yorkregion/
Triple "P" – Positive Parenting Program for Divorced and Separated Parents	A parenting program that provides parents and caregivers with tools and strategies they can use when raising children.	Residents of GTA	N/A	1-365-585-0061 ext. 3118	www.triplep-parenting.ca
Ontario Assoc. for Family Mediation	Mediation services for families experiencing conflict	For residents of Ontario	N/A	1-844-989-3026	www.oafm.on.ca
Office of the Children's Lawyer (OCL)	Law office in the Ministry of the Attorney General that provides services for children and youth.	For child and youth residents of Ontario	393 University Ave. 14 th Fl. Toronto, ON M5G 1E6	1-800-518-7901	https://www.ontario.ca/page/office-childrens-lawyer
Family Responsibility Office (FRO)	FRO helps families get the support they are entitled to by collecting, distributing and enforcing child and spousal support payments	Families in Ontario	N/A	1-800-267-4330	https://www.ontario.ca/page/enforcing-child-and-spousal-support-pa
York Region Supervised Access Centres (Social Enterprise for Canada)	Provides full, supervised onsite visits in a group setting, and supervised off-site exchanges for	For families who do not have a current open file	1220 Stellar Drive, Unit 201 Newmarket, ON L3Y 7B9	905-895-0809	www.socialenterprise.ca info@socialenterprise.ca



	families who are experiencing separation or divorce.	with a Children's Aid Society.			
Our Family Wizard Co-parenting App	A co-parenting communication tool on a single platform	Families in Ontario	N/A	N/A	www.ourfamilywizard.com
East Metro Youth Services	Identify and develop solutions to important issues affecting the child and youth mental health sector.	Families in Ontario	1200 Markham Road, Suite 200, Scarborough, Ontario M1H 3C3	416-438-3697	https://stridestoronto.ca/contactus@stridestoronto.ca
Flemington Heights CHC	Provide a range of health-related services based on the social determinants of health and community engagement models Provides our community a confidential helpline for immediate, anonymous, and confidential support over the phone from 12 – 9 pm, 7 days a week and educational programs, to raise awareness about the stigma around mental health.	Families in Ontario	5 Fairview Mall Dr #359 North York, ON M2J 2Z1	(416) 640-5298	http://fhc-chc.com info@fhc-chc.com
Naseeha	Offers a wide range of services and programs about specific health issues, and building on people's capacity to act on common issues impacting health	Muslim Youth and Families in Ontario	Unit 2, 5648 McAdam Rd Unit Mississauga, ON. L4Z1T2	Helpline: 1 (866) 627-3342 Admin Line: 905-890-2365	https://naseeha.org/
Regent Park CHC	Provides comprehensive, integrated mental health services to troubled children and their families	Families in Ontario	465 Dundas Street East Toronto, ON M5A 2B2	416-364-2261	https://regentparkchc.org/ info@regentparkchc.org



Youthdale	Individual and support to children, youth and their families who live in Toronto	Youth and Families in Ontario	229 Yonge Street, Suite 300, Toronto, ON M5B 1N9	416-368-4896 x2000	https://www.youthdale.ca/
Lumenus Community Services (formerly Delisle Youth Services)	We offer and operate all our programs through two drop-in centres, with a variety of peer support, mental health recovery* and social services programs serving people who experience mental health extremes or labels as well as people who experience homelessness.	Youth and Families in Ontario	1126 Finch Ave. West Unit 16, Toronto Ontario, M3J 3J6	(416)-222-1153	Lumenus Mental Health, Developmental & Community Services
Krasman Centre	A consumer/Survivor Initiative that offers peer support-based programs, physical hubs and resources for people with lived experience of mental health, substance use and housing challenges, and their family and friends.	Families in York Region and South Simcoe	10121 Yonge Street, Richmond Hill, Ontario L4C 1T7	905-780-0491	https://krasmancentre.com/
Home and Community Care Support Services	If you feel that you or someone you know would benefit from health care support at home, at school or in the community such as such as nursing, social work, occupational therapy, physiotherapy and speech therapy	Ontarians	1100 Gorham Street Unit 1 Newmarket, ON, L3Y 8Y8	1-888-470-2222	https://healthcareathome.ca/HCCSSInfo@hccsario.ca
EarlyON Child & Family Programs	EarlyON Child and Family programs offer free, inclusive and welcoming programs for parents,	York Region families	N/A	1-888-703-KIDS (5437)	EarlyON@york.ca



caregivers and young children from birth to six years old. These high-quality programs are designed to cater to the diverse needs of families and children					
Healthy Babies, Healthy Children	A free home visiting program supporting eligible families who are pregnant or have children up to six years of age.	York Region families	N/A	1-800-361-5653	https://www.york.ca/health/parenting/healthy-babies-healthy-children-program ChildFamily@york.ca
York Region Public Health's Breastfeeding Clinics	One-to-one breastfeeding support and teaching with a nurse who has breastfeeding expertise	York Region families	N/A	1-800-361-5653	https://www.york.ca/health/breastfeeding/breastfeeding-information-and-support childfamily@york.ca
The MotHERS Program	List of resources that you may find helpful if you are planning on having a baby in York Region	York Region families	N/A	N/A	https://www.themot hersprogram.ca/resources-and-information/for-your-region/central-eastern-ontario/york-region
York Region Sexual Health Clinics	York Region's Sexual Health Clinics provide the following services at no cost, in a non-judgmental and inclusive environment. A health card is not required. Clinic services include:	York Region residents	Clinics open throughout York Region, please call Public Health Nurse to make appointment	1-800-361-5653	https://www.york.ca/health/sexual-health/sexual-health-clinics



	Free condoms Pregnancy tests, counselling and referral, Sexual health examinations, Sexually transmitted infection (STI) testing and treatment, HIV testing (including anonymous HIV testing and Rapid HIV testing,) HIV Pre-exposure prophylaxis (HIV PrEP) prescriptions, Hepatitis A and B vaccination, Gardasil 9 vaccination, M-pox vaccination Harm reduction services (needle exchange, safer smoking supplies and Naloxone), Low-cost contraception, Emergency contraception, IUD insertions (clients 30 years of age and under or without OHIP), Pap testing				
Birth Mark	A charity where we provide no-cost full-spectrum reproductive doula care and perinatal support in the Greater Toronto and Hamilton areas	GTA and Hamilton area	N/A	416-479-0086	https://birthmarksupport.com/
Pregnancy and Infant Loss (PAIL) Circles of support group	Provides free bereavement support to families who have experienced the loss of a pregnancy at any stage or the death of their baby, up to 12 months of age	Ontario families	N/A	1-888-303-7245 (PAIL)	pailsupport@sunnybrook.ca https://sunnybrook.ca/extras/pailnetwork/support-request-form/



Bereaved Families York Region	Provides grief healing support groups and individual one-on-one support. We do not provide clinical counselling and instead utilize a 'peer support' model; creating safe space for individuals to express their grief with someone who has also experienced their own personal journey of loss after the death of a loved one	York Region Families	17075 Leslie Street Unit #9 Newmarket, ON L3Y 8E1	905-898-6265	https://www.bfoyr.com/
Body Brave	Body Brave is a charity providing accessible eating disorder treatment and support, as well as advancing community training and education.	Individuals in Ontario	N/A	905-312-9628	info@bodybrave.ca https://www.bodybrave.ca/
Eating Disorders of York Region (EDOYR)	We offer assistance to help you create a Circle of Support and system navigation through a telephone information line. We also help to provide the community with awareness and education for the purpose of prevention and early intervention.	Individuals and families in York Region	16 Industrial Parkway S. #403 Aurora, ON L4G 0R4	(905) 886-6632	https://www.edoyr.com info@edoyr.com
CWICE (Child Welfare Immigration Centre of Excellence)	CWICE supports child welfare organizations on cases involving unresolved immigration, settlement, or border-related issues.	Immigrant families involved with a child welfare organization	25 Capstone Drive Mississauga, ON L5W 0H3	905-363-6131 x2222	https://www.cwice.ca/



Maggie's Toronto	Maggie's Toronto is one of the nation's oldest sex worker justice organizations offering wrap-around supports and services designed by and for our communities across Toronto.	Sex-workers in Toronto	N/A	info@maggiesto.org	Home Maggie's Toronto maggiesto.org
Bad Date Coalition Toronto	We are a social action group based in Toronto, dedicated to improving safety for people involved in sex work.	Sex-workers in Toronto	N/A	If you are a sex worker, you can report a bad date via: <ul style="list-style-type: none">• Email: bdcoalition@gmail.com• Leave a voice mail 24/7 at: 416-765-6009	https://www.baddatcoalition.ca/
Inn from the Cold	IFTC provides seasonal shelter services seven days a week during the winter months and day programming. Our 7-days a week Drop-By Program runs from Monday-Friday 9am-4pm and Saturday-Sunday 9am-2pm. We offer meals, cold beverages, access to shower & laundry facilities, computers & Wi-Fi, and staff for wellness checks.	Folks experiencing homelessness	510 Penrose St, Newmarket, Ont. L3Y 1A2	905-895-8889	https://www.innfromthecold.ca/
LOFT Community Services	Supporting people facing a combination of mental and physical health challenges, addiction issues, poverty, and/or homelessness. We build	Toronto, York Region, Simcoe/Muskoka	Click here for locations	416-979-1994	https://www.biayr.org/home



customized supports that specifically address a person's needs and offer them for as long as they're needed.					
York Region Centre for Community (YRCCS aka HUB)	YRCCS works collaboratively with partners to increase the safety of individuals experiencing violence. YRCCS connects individuals to needed support and creates seamless transition to needed services.	Survivors of adults and seniors who have experienced or have been impacted by intimate partner violence, domestic violence, sexual violence and human trafficking.	Suite 107, 25 Deverill Court, Markham, ON L6G 0C7	905-836-7601	https://yrccs.ca/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

RELIGIOUS SERVICES AND PLACES OF WORSHIP

NAME	ADDRESS	PHONE NUMBER
Grace Baptist Church of Richmond Hill	270 Weldrick Rd. Richmond Hill ON, L4C 3V3	905-737-4737 https://www.gracebc.ca/
Richmond Hill Christian Community Church	9670 Bayview Ave. Richmond Hill ON, L4C 9X9	905-884-3399 https://rhccc.ca/rhccc/e/
St. Mary Immaculate Roman Catholic Church	10295 Yonge St. Richmond Hill, ON L4C 3B9	905-884-1784 https://smirh.com/
St. Christopher Anglican Church	459 Crosby Ave. Richmond Hill ON, L4C 2R9	905-918-2205 https://www.stchris.ca/
Richmond Hill Seventh -Day Adventist Church	210 Elgin Mills Rd., West Richmond Hill ON, L4C 4M2	905-884-5989 https://www.rhsda.ca/
Islamic Society of York Region	1380 Stouffville Rd. Richmond Hill ON, L4E 3S3	905-887-8913 https://isyr.org/
Muslim Welfare Centre	421 McLevin Ave. Scarborough ON, M1B 5K1	416-291-1027 https://www.muslimwelfarecentre.com/
Muslim Community Services	150 Central Park Drive, #304, Brampton ON, L6T 2T9	https://mcsservices.org/
Hindu Temple Society Canada	10865 Bayview Ave. Richmond Hill ON, L4S 1M1	905-883-9109 https://rhht.ca/



Vishnu Mandir	8640 Yonge Street, Richmond Hill ON, L4C 6Z4	905-886-1724 https://vishnumandir.com/
Temple Har Zion (Synagogue)	7360 Bayview Ave. Thornhill ON, L3T 2R7	905-889-2252 https://www.harzion.ca/
Beth Tikvah Synagogue	3080 Bayview Ave. North York ON, M2N 5L3	416-221-3433 https://www.bethtikvahtoronto.org/
Temple Kol Ami	9600 Bathurst St. Vaughan, Ontario L6A 3Z8	905-709-2620 https://www.kolami.ca/
Cham Shan Temple (Buddhist Temple)	7254 Bayview Ave. Thornhill ON, L3T 2R6	905-886-1522 https://en.chamshantemple.org/messages/homepage/index.php?chan
Yanviriya II Buddhist Temple	166 Cedar Ave. Richmond Hill ON, L4C 2A9	905-884-8786



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

2SLGBTQ+ SERVICES

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Free to Be Support Group	This virtual group for parents/caregivers of gender diverse children, regardless of age, meets once a month. Free to Be offers an opportunity to meet for support and education. The goal of this program is to destigmatize gender diversity.	Parents/caregivers of gender diverse children	Virtual. Click here for application	For more information or help completing the application, please call Andrew (they/them) at (905) 883-6572 ext. 151 or email araya@fsyr.ca	https://www.fsyr.ca/services/group-programs/
Gender Galaxies	A free 8-week virtual group for youth 12 to 15 exploring their gender identity and gender expression. Learn about and discuss topics such as: self-care, self-advocacy, media, dysphoria, body image, coming out, gender affirming care and intersectionality.	Youth 12-15 exploring their gender identity and gender expression.	Virtual. Click here for application	For more information, please call 905-895-2371.	https://www.fsyr.ca/services/group-programs/
The 519	The 519 respond to the evolving needs of the LGBTQ2S communities, from counselling services and queer parenting resources to coming out groups, trans programming, and senior's support.	2SLGBTQ+ Community	519 Church Street, Toronto Ontario M4Y 2C9	416-392-6874	info@The519.org https://www.the519.org/



Friends of Ruby Drop -In Youth Centre	Friends of Ruby supports lesbian, gay, bisexual, transgender, queer, intersex and two spirit youth (aged 16-29) through counselling, housing, practical assistance, and multiple activities.	2SLGBTQ+ Youths	489 Queen Street East (Lower Level - LL01) Toronto ON M5a 1V1	416-359-0237 For counselling supports please contact: Yuri Singh – Intake Coordinator YSingh@FRIENDSOFRUBY.CA 647-250-9198	info@friendsofruby.ca Home - Friends of Ruby
Egale Canada	Servicing the 2SLGBTQ+ community through research, education, and awareness and by advocating for human rights and equality.	2SLGBTQ+ Community	120 Carlton Street, Suite 217, Toronto, Ontario M5A 4K2	416-964-7887	https://egale.ca/contact-us/
LGBT Youth line	LGBT Youth Line is a Queer, Trans, Two-Spirit* youth led organization that affirms and supports the experiences of youth (29 and under) across Ontario.	2SLGBTQ+ Youths	P.O Box 73118, Wood Street PO Toronto Ontario M4Y 2W5	Text: 4 PM – 9:30 PM 647-694-4275 Chat: 4 PM – 9:30 PM through Chat button at top of LGBT Youth Line website	https://www.youthline.ca askus@youthline.ca
PFLAG (chapters across Canada)	Peer -to peer support striving to help all Canadians with issues of sexual orientation, gender identity and gender expression.	2SLGBTQ+ community	1554 Carling Avenue, Suite 243 Ottawa Ontario K1Z 7M4	1-888-530-6777	https://pflagcanada.ca/ info@pflagcanada.ca



Rainbow Health Ontario	RHO works with 2SLGBTQ+ communities, service providers, researchers, policy makers and the government.	2SLGBTQ+ community	333 Sherbourne Street Toronto Ontario M5A 2S5	416-324-4100	www.rainbowhealthontario.ca info@rainbowhealthontario.ca
Rainbow Youth York Region	A support group that provides an opportunity for queer or questioning youth to meet others and share their struggles, successes, and stories.	2SLGBTQ+ youths	4261 Hwy 7 E Unionville, ON L3R 9W6	1-800-361-5653	rainbowyouth@york.ca www.rainbowyouthyork.com
Around the Rainbow Family Services Ottawa	Around the Rainbow services include free training and education for service providers, schools and non-profit NGOs serving Ottawa to create welcoming, inclusive, and equal spaces for 2SLGBTQ+ families and individuals.	2SLGBTQ+ community	312 Parkdale Avenue, Toronto ON K1Y 4X5	613-725-6175	https://familyservicesottawa.org/services/around-the-rainbow
Black Queer Youth Collective	Providing support services and programming for Black Queer and Trans Youths.	Black Queer and Trans Youths	N/A	N/A	www.blackqueeryouthcollective.org info@blackqueeryouthcollective.org
CAYR-Community Connections	Specialized and combined programs for people living with HIV/AIDS, affected by or at risk of HIV/AIDS, people who use drugs, and those identify as part of the LGBTQ2S+ community.	Services the LGBTQ2S+ community in York Region	17665 Leslie Street, Unit 12 Newmarket, ON L3Y 3E3	905-884-0613	https://cayrcc.org/contact-us/ info@cayrcc.org
CCGSD- Canadian Centre for Gender and Sexual Diversity	Empowers Gender and sexually diverse communities through research and advocacy.	Services the LGBTQ2S+ community	440 Albert St., Suite C304 Ottawa, ON	613-400-1875	https://ccgsd-cdgs.org/contact/



K1R 5B5					
David Kelly Services	Trauma-informed, anti-oppressive services.	Services the LGBTQ2S+ community in Toronto	355 Church St. Toronto, ON M5B 0B2	416-595-9618	https://familyservice.toronto.org/our-services/programs-and-services/appointments-and-frequently-asked-questions/
Sistering	A multi-service agency for at-risk, socially isolated women and trans people in Toronto who are homeless or precariously housed	Women and trans people	962 Bloor St West Toronto, Ontario Canada M6H 1L6	416-926-9762	https://sistering.org/ generalinfo@sistering.org
Enchante	National network providing support to over 106 PRIDE centres and 2SLGBTQ+ service providers across Canada.	Services the 2-Spirit and LGBTQ community in Canada	10618-105 Ave. North-West Edmonton, AB T5H 0L2	1-343-549-5006	info@enchantenetwork.ca https://enchantenetwork.ca/en/
The Get Real Movement	A not-for-profit organization focused on advocacy for the 2SLGBTQ+ community.	Supports the 2SLGBTQ+ community	N/A	N/A	https://www.thegetrealmovement.com/contact-us
Homeless Hub (Black Queer Youth Initiative)	Provides services and support to the Queer, 2SLGBTQ+ community.	Black youth who identify as Queer as part of the LGBTQ2S+	4700 Keele St. Toronto ON M3J 1P3	416-736-2100	https://www.homelesshub.ca/resource/61-black-queer-youth-initiative-challenging-racism-stigma-exclusion
Kind Space-Ottawa	The Aids Network responds to the impact of HIV on the health and wellbeing of diverse communities	For individuals who identify as being part of the Queer,	400 Cooper St, Ottawa, ON K2P 2N1	613-695-0367	www.kindspace.ca programming@kindspace.ca



	in Hamilton, Haldimand, Norfolk and Brant.	LGBTQ2S+ community in the Ottawa area.			
Aids Network	Cognitive-Behavioural Therapy groups to learn to manage and cope with stress.	Diverse communities in Hamilton, Haldimand, Norfolk and Brant.	140 King Street East, Suite 101 Hamilton ON L8N 1B2	1-866-563-0563	https://aidsnetwork.ca/about/
Affirm	Advocacy to confront religious-based discrimination against the LGBTQ2S+ Community.	LGBTQ2S+ youth and adults in the GTA	University of Toronto 246 Bloor Street West Toronto, Ontario M5S 1V4	416-946-0228	rachael.pascoe@utoronto.ca https://www.projectyouthaffirm.org/about-affirm
Rainbow Faith and Freedom Services	Youth-focused programming, mental health support services and community relationships.	Serving the LGBTQ2S+ community in the GTA	437 Church St. Suite 327 Toronto ON M4Y 2C5	1-833-791-1733	https://rainbowfaithandfreedom.org/info@rainbowfaithandfreedom.org
Positive Space Network Halton	Spiritual, physical, sexual, and mental health support services; advocacy, settlement, and legal support services	LGBTQ2S+ children and youth in Halton Region	504 Iroquois Shore Road #12a, Oakville ON L6H 3K4	905-339-3525	www.positivespace-network.ca
Supporting Our Youth - SOY through Sherbourne Health Centre	An organization that engages and connects children and youth from 2SLGBTQ+ (two spirit, lesbian, gay, bisexual, trans, queer) identities, families, and communities.	Newcomer/ immigrant youth, Black Queer youth, Youth of colour, bi-sexual youth, trans youth, homeless	333 Sherbourne St. Toronto ON M5A 2S5	416-324-4100	info@sherbourn.on.ca https://soytoronto.com/



		and street involved youth.			
Ten Oaks Project	Provides counselling, peer mentorship, outreach, housing, parent, and faith support.	LGBTQ2S+ children and youth in the Ottawa area.	9004-400 Cooper Street Ottawa ON K2P 2H8	613-889-1537	https://www.tenoakproject.org/
Trans Wellness Ontario	Provides prevention education and support for 2-Spirit, including First Nations, Metis, and Inuit people.	Transgender, Genderqueer, Two-Spirit, non-binary, Queer and questioning communities and their families in the Windsor-Essex Region.	1435 Tecumseh Rd E. Windsor ON N8W 1C2	226-674-4745	reception@transwellness.ca https://www.transwellness.ca/
2-Spirit People of the 1 st Nations	Promotes education and awareness regarding gender, sexual identities and expressions through online counselling and in-person camps	2-Spirit First Nations, Metis, and Inuit community in the GTA.	145 Front St E Suite 105, Toronto, ON M5A 1E3	416-944-9300	www.2spirits.com info@2spirits.org
Welcome Friend Association	Youth Engagement and support services.	LGBTQ2S+ Youth (aged 12-17 years), adults and seniors and their families in the Town of Thessalon (near Lake Huron in Ontario)	76 Dawson St. P.O. Box 242 Thessalon ON P0R 1L0	1-888-909-2234	info@welcomefriend.ca https://www.welcomefriend.ca/



Youth Services Bureau – Spectrum Community Youth Group	Community-Based Child and Youth Mental Health, Autism and Forensic Mental Health/Youth Justice Services.	Youth between the ages of 12 and 25 years in the Ottawa area.	2675 Queensview Drive Ottawa, Ontario K2B 8K2	613-729-1000	https://www.ysb.ca/info@ysb.ca
Kinark Child and Family Services	Provides counselling, therapeutic services, day treatment, residential treatment, and mental health services.	Youth and their families residing in York Region	Head Office: 500 Hood Rd. Suite 200 Markham, ON L3R 9Z3	1-800-230-8533	https://www.kinark.on.ca/info@kinark.on.ca
York Hills Centre for Children, Youth and Families	Treating the social, emotional and behavioural challenges of children, youth (to age 18) and their families.	Children and their families residing in York Region	Head Office: 402 Bloomington Rd Aurora ON L4G 0L9	905-503-9560 1-866-536-7608	www.yorkhills.ca yorkhills@yorkhills.ca
Connect Clinic	Provides specialty services to Trans and Gender Diverse individuals, including non-Binary and Gender-Queer folx	For those who identify as part of the 2SLGBTQ+ community in the GTA	1278 Dundas St. W Unit 4 Toronto, ON M6J 1X7	(647) 494-4107	www.connect-clinic.com support@foriaclinic.com
CMHA Gender Affirming Clinic	The Gender Affirming Health Clinic is a free service that aims to create a safe, confidential, and inclusive space; provides culturally competent and gender-affirming care to Trans and gender diverse people	For youth and adults 16 years+, who identify as being part of the 2SLGBTQ+ community in the GTA.	1101 Nicholson Rd. Unit 5 Newmarket, ON L3Y 9C3	905-841-3977	https://cmha-yr.on.ca/get-support/gender-affirming-health-clinic-16/ yorkregion@cmha-yr.on.ca
Family Service Toronto: David Kelley LGBTQ+ Counselling Program	Professional, short-term, individual, couple and family counselling to people who identify as lesbian, gay, bisexual, trans or queer.	For those who identify as part of the 2SLGBTQ+ community in the GTA	N/A	416-595-9618	www.familyservicetoronto.org/our-services/programs-and-services/david-kelley-services/



Trans Lifeline	Peer-to-peer trans support (via phone)	For Trans people seeking support	N/A	1-877-330-6366	https://translifeline.org/hotline/
Gender Gear	Provides gender-affirming items (e.g. chest binders, breast forms/bras, etc.)	For those who identify as part of the 2SLGBTQ+ community in the GTA	254 Augusta Ave Toronto, ON M5T 2L7	info@gendergear.ca	www.gendergear.ca
BindersOUT	BindersOUT is grassroots, volunteer-run program formed in 2016 to give Trans and Non-Binary folk access to affordable (and safe!) chest binders. We collect pre-loved chest binders from members of the community who no longer need them and make them available to individuals who otherwise might not be able to access them.	For those who identify as part of the 2SLGBTQ+ community in the GTA	254 Augusta Ave Toronto, ON M5T 2L7	N/A	https://flamingomarket.ca/pages/bindersout
Canadian Mental Health Association (CMHA) – York and South Simcoe - Gender Affirming Health Clinic	Provides gender affirming health and medical supports to members of the LGBTQ+ community	16+ years old members of the LGBTQ+ community	Newmarket Provincial Courthouse, Room 2088 50 Eagle Street West Newmarket, ON L3Y 6B1	905-841-3977 gahc@cmha-yr.on.ca	https://cmha-yr.on.ca/get-support/gender-affirming-health-clinic-16/
Sick Kids Transgender Youth Clinic	Medical support for trans children and youth	Children and youth under 17 years old who are members of	170 Elizabeth Street Toronto, Ontario Canada M5G 1X8	416-813-7654 x203569	www.sickkids.ca/en/care-services/clinical-departments/adolescent-medicine



the LGBTQ+ community					
Centre for Addiction and Mental Health (CAMH) - Adult Gender Identity Clinic	Provides gender affirming health and medical supports to members of the LGBTQ+ community	18+ years old members of the LGBTQ+ community with physician referral	Queen Street Site – 60 White Squirrel Way, 4th Floor Toronto, ON M6J 1H4	416-535-8501, press 2	https://www.camh.ca/en/your-care/programs-and-services/gender-identity-clinic-adult
Grand River Community Health Centre	Provides gender affirming health and medical supports to members of the LGBTQ+ community	18+ years old members of the LGBTQ+ community	363 Colborne Street Brantford, ON N3S 3N2	1-519-754-0777	https://grandriverchc.ca/en/your-health/gender-affirming-clinic.aspx?_mid_=21953
FrancoQueer	FrancoQueer is the francophone association of lesbian, gay, bisexual, trans, questioning, queer, intersex, asexual, 2Spirits, non-binary and more (LGBTQIA2+) people and their allies in Toronto and Ontario.	Francophone members of the LGBTQ+ community	543 Yonge Street, 4th Floor Toronto, ON M4Y 1Y5	647-709-2600	https://www.francoqueer.ca/
Action Positive VIH/SIDA	Counselling, men's group, women's group, condom distribution, transportation or accompaniment, and support with groceries.	Francophone members of the LGBTQ+ community	543 Yonge Street, 4th Floor Toronto, ON M4Y 1Y5	416-340-2437	http://www.actionpositive.ca/en/info@actionpositive.ca
2SLGBTQIA+ Neurology Clinic – Toronto Western Hospital	Assessment and care for 2SLGBTQIA+-identifying people for neurological conditions that affect the brain, spinal cord, and nerves.	Members of the LGBTQ+ community	Toronto Western Hospital, West Wing, 5th Floor 399 Bathurst Street	416-603-5232	https://www.uhn.ca/Krembil/Clinics/2SLGBTQIA_Neu



Toronto, ON M5T 2S8					
AIDS Committee of Toronto (ACT)	Condom distribution, HIV testing, Income tax clinic, Lunch program, Women's support program, Positive Youth Outreach (PYO) (support for youth living with HIV)	Anyone who is looking for support with HIV/AIDS	543 Yonge Street, 4th Floor Toronto, ON M4Y 1Y5	416-340-2437	https://www.actorsnto.org/ask@actortoronto.org
AIDS Committee of Durham Region	Counselling, group support, community connections, community kitchen, peer support, healthcare assistance.	Anyone who is looking for support with HIV/AIDS	115 Simcoe Street South Oshawa, ON L1H 4G7	905-576-1445	https://www.aidsdurham.com/ Info@aidsdurham.com
Blue Door Shelter - INNclusion Supportive Housing	Supportive Housing for members of the LGBTQ+ community	Members of the LGBTQ+ community who are looking for support with housing	18838 Highway 11 East Gwillimbury, ON, L9N 0C5	1-888-554-5525	https://bluedoor.ca/contact-us/ INNclusion@bluedoor.ca
Access Alliance Multicultural Health and Community Services - Services and Supports for LGBTQ+ Newcomers	Services and Supports for LGBTQ+ Newcomers	Newcomers who are members of the LGBTQ+ community.	Access Alliance Downtown 340 College Street, Suite 500 Toronto, ON M5T 3A9	416-324-8677	https://accessalliance.ca/programs-services/lgbtq-programs/services-and-supports-for-lgbtq-newcomer
Native Youth Sexual Health Network	Culturally relevant services and supports for members of the LGBTQ+ community who also identify as Native	Members of the LGBTQ+ community who also identify as Native	Members of the LGBTQ+ community who also identify as Native	info@nativeyouthsexualhealth.com	www.nativeyouthsexualhealth.com



Binders Program (CAYR Community Connection)	If someone is looking for binders or would like to donate binders	Members of the 2SLGBTQ+ community	N/A	Please contact Jill Bates (They/Them) at jbates@cayrcc.org	N/A
Bradford West Gwillimbury Gender Affirming Closet	Free space with clothing and accessories to help anyone explore and express their identity.	Anyone looking to explore and express their identity	425 Holland St W, Bradford ON L3Z 0J2	Culture@bradford.library.on.ca	https://bradford.library.on.ca/iguana/www.main.cls?p=da956636-ab54-11e7-a683-b3ccea85ea00&v=c4b99850-d280-11ee-aa0d-ae0a81393dc2
York Region's Queer Youth Discord (CAYR Community Connection)	A group for youth identifying within queer community who are looking to connect and create community	12-18-year-olds identifying within Queer Community	N/A	Text "QUEERCORD" to connect with a worker 647-381-9199	N/A
Seed and Sprout Program (Birth Mark)	Seed and Sprout programs focus on inclusive reproductive support, queer & trans focused family education and community building.	Queer and trans families	N/A	416-479-0086	https://birthmarksupport.com/seed-sprout
Queer Muslim Network	Queer Muslim Network (QMN) is a grassroots organization dedicated to community building and uplifting 2SLGBTQ+ Muslims and their allies. Based in Toronto & Ottawa, QMN provides a safe and welcoming space for individuals	Queer Muslim Community	N/A	info@queermuslimnetwork.com	https://www.queermuslimnetwork.com/



	who identify as both queer and Muslim, across all sects.				
Hidayat LGBTQ+	Our mission is to provide support and welfare for LGBTQIA+ Muslims, promote social justice and education about our community to counter discrimination, prejudice, and injustice, and create a safe and sustainable community in the US with a long-lasting impact.	Queer Muslim Community	N/A	info@hidayahlgbt.com	https://hidayahlgbt.com/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

WOMEN'S SERVICES

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Sandgate Women's Shelter of York Region	Sandgate provides all persons who identify as women and their children shelter, support, and information so they can take steps towards ending violence in their lives.	Women and children	P.O Box 248 Sutton West, ON L0E 1R0	1-800-263-2240	info@sandgate.ca www.sandgate.ca
Yellow Brick House	Shelter for abused women and children.	Services women and children	52 West Beaver Creek Road Richmond Hill ON L4B 1L9	24-hour crisis line:1-800-263-3247 Main Line – 905-709-0900	www.yellowbrickhouse.org info@yellowbrickhouse.org
Belinda's Place	Provides basic needs, temporary housing, client focused wraparound supports and follow up services	Women who are experiencing homelessness or at risk of homelessness.	16580 Yonge Street, Newmarket	289-366-HOPE (4673)	https://belindasplaces.org/
NISA Homes	Works hard to provide a place for women to live comfortably and feel safe in a supportive home environment, explore their cultural identity, and directly connect with their community	Immigrant, refugee, and non-status women	Scarborough	1 (888) 456-8043	https://nisahomes.com/



Anduhyaun Shelter	Violence against Women (VAW) Emergency Shelter	Indigenous and non-indigenous women with or without children fleeing violence	1296 Weston Road, Toronto, ON M6M 4R3	416-920-1492 **Contact Assaulted Women's Helpline for vacancies in Toronto at 1-866-863-0511	http://anduhyaun.org/
Rose of Sharon Services for Young Mothers	Rose of Sharon Services for Young Mothers is a not-for profit, charitable organization providing support and educational services to prenatal and parenting young women up to the age of 29 across York Region.	Prenatal and Parenting Young Women	361 Eagle Street Newmarket Ontario L3Y 1K5	905-853-5514	https://roseofsharon.com/contact-us/
Canadian Centre for Women's Empowerment (CCFWE)	CCFWE works collaboratively with organizations and individuals to develop a comprehensive approach that enables marginalized domestic violence survivors to recover from Economic Abuse	Marginalized domestic violence survivors of economic abuse	N/A	N/A	https://ccfwe.org/who-we-are/ info@ccfwe.org
Women's Support Network of York Region (WSN)	Women Support Network of York Region is a well -established organization that has been serving York Region for over 27 years to respond and educate on the topic of sexual violence.	Women who have experienced any form of sexual violence	109- 1110 Stellar Dr, Newmarket Ontario L3Y 787	905-895-3646 24/7 Crisis Line: 905-895-7313	https://womenssupportnetwork.ca/ info@womenssupportnetwork.ca
Cedar Centre	Cedar Centre is a non-profit charitable organization that provides trauma-specific therapy	Children, youth, and adults who have	12-17705 Leslie Street, Newmarket Ontario	905-853-3040 1-800-263-2240	www.cedarcentre.ca



	for children, youth and adults who have experienced childhood interpersonal trauma (all forms of abuse related trauma).	experienced trauma			
York Region Centre for Community Safety (HUB)	YRCCS works collaboratively with partners to increase the safety of individuals experiencing violence.	Women	25 Deverill Court Suite 107, Markham Ontario L6G 0C7	905-836-7601	https://yrccs.ca/
Safe Centre of Peel	Offer support and compassionate care to families affected by Intimate Partner Violence in the Region of Peel	Women	60 West Drive, Suite 110, Brampton, ON, L6T 3T6	905-450-4650	https://scopeel.org/scop@cfspd.com
Safety Network Durham	Help survivors of gender-based violence access support, starting with just one confidential conversation with a caring community coordinator	Families affected by abuse in Peel Region	1-877-723-3905	707 Simcoe St. South Oshawa, ON L1H 4K5	info@safetynetworkdurham.ca https://www.safetynetworkdurham.ca/
Peterborough Domestic Abuse Network	A network of people and organizations working to end intimate partner violence in Peterborough City and County	Survivors of GBV	705-743-2272 (CCRC) or 1-800-274-1611	540 George St. North Peterborough, ON K9H 3S2	https://www.ccrc-ptbo.com/pdan/ccrc@ccrc-ptbo.com
Women's Health in Women's Hands	Community health centre for racialized women living in Toronto.	Racialized women in the GTA	2 Carlton St., Suite 500 Toronto, ON M5B 1J3	416-593-7655	www.whiwh.com/contact
Safe Pet Ontario	Provides pet safekeeping for those fleeing family violence & human trafficking. We help survivors escape abuse by temporarily	Families in Ontario	N/A	https://www.safe-pet.ca/contact	https://www.safe-pet.ca/apply



caring for their beloved pets					
The Farley Foundation	The Farley Foundation assists those who are struggling financially to pay for veterinary care for their pets	Eligible individuals in Ontario (click here for eligibility)	If you belong to one of the groups we help and meet the eligibility criteria, you must speak to your veterinarian about the possibility of applying for Farley Foundation funding. Applications for funding can only be submitted by veterinarians	N/A	http://www.thefarleyfoundation.org
Youth Services Bureau – Purple Sisters Youth Advisory	Youth Engagement and support services.	Young women residing in the Ottawa area	N/A	613-241-7913 ext. 405	ballard@ysb.on.ca
Sakeenah	Culturally sensitive services for women facing domestic violence and homelessness.	Racialized women in the GTA	5659 McAdam Road, Unit B4 Mississauga, ON L4Z1N9	1-888-671-3446	info@sakeenahcanada.com (sakeenahcanada.com)
DASA (Domestic Abuse & Sexual Assault)	Free care for all victims of violence and sexual assault, including emergency care, examinations, testing, follow-up care & counselling; provided by health care professionals who are trained in forensics and trauma related to abuse and assault	Women	N/A	1-800-521-6004	www.mackenziehealth.ca/en/programs/-services/domestic-abuse--and-sexual-assault-dasa.aspx



Assaulted Women's Helpline	24/7 crisis line for Women, Non-Binary, and Trans individual. Services offered in 154 languages include counselling, emotional support, information, and referrals to legal services & shelters	Women	N/A	416-863-0511 / 1-866-863-0511 or TEXT #SAFE (#7233)	Assaulted Women's Helpline (awhl.org)
Family Law Education for Women (Ontario)	They provide plain language legal information on women's rights under Ontario family law available in 14 languages.	Women	N/A	admin@onefamilylaw.ca	www.onefamilylaw.ca
Toronto Rape Crisis Centre/Multicultural Women Against Rape	A 24/7 crisis line providing Anti oppressive, feminist peer support to survivors of sexual violence through support, education, and activism	Women and victims of rape and sexual violence in the GTA	N/A	416-597-1171	Toronto Rape Crisis Centre (trccmwar.ca)
Victim Services of York Region	A 24/7 crisis line providing support services for victims of crime and trauma, including intimate partner violence in York Region	Victims of crime and trauma in York Region	N/A	905-953-5363	www.victimservices-york.org
Women's Centre of York Region	WCYR offers unique programming and services that address a range of circumstances, to women who need positive change. Our goal is to fully support each woman on her personal journey of discovery, encouraging her to fully thrive	Women in York Region	16775 Yonge Street, Unit 207 Newmarket, Ontario, L3Y 8J4	905-853-9270	https://www.wcyr.ca/
Legal Aid Ontario	This program provides two hours of free legal advice for domestic violence survivors in Ontario who need immediate advice and	Domestic violence survivors in Ontario	N/A	1-800-668-8258	https://www.legalaid.on.ca/services/domestic-abuse/



	assistance in relation to family law and immigration and refugee law matters.				
JusticeNet	A not-for-profit service helping people in need of legal expertise, whose income is too high to access legal aid and too low to afford standard legal fees.	Women	8185 Yonge St., Suite 213 Thornhill, Ontario L3T 2C6	N/A	info@justicenet.ca
Women's Economic Security Program	Low-income women can get training to equip them with the skills, knowledge and experience to find employment, an apprenticeship or start a small business and increase their financial security.	Women	N/A	N/A	https://www.ontario.ca/page/womens-economic-security-program-wesp
Central Intake	Central Intake is a city-operated, 24/7 telephone-based service that offers referrals to emergency shelter and other overnight accommodation, as well as information about other homelessness services.	Women	N/A	416-338-4766 or 1-877-338-3398 or by calling 311	https://www.toronto.ca/community-people/housing-shelter/homeless-help/central-intake/
Abuse Hurts	Provides access to support, healing, and individual empowerment for adult survivors, their families, and caregivers. Programs for women, children, First Nations, human trafficking and outreach services.	Women	120 Harry Walker Pkwy. N. Newmarket ON, Canada L3Y 7B2	905-727-4357	https://abusehurts.ca/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

ACCESSIBILITY SERVICES

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Ontario Cultural Society of the Deaf, Inc.	An organization that preserves the Deaf culture and heritage, celebrating the Deaf community, and improves understanding between Deaf and hearing children, youth, and adults.	Serving deaf children, youth, adults, and their families.	N/A	N/A	info@ocsdeaf.org
Ontario Association of the Deaf	Provides resources, support, and advocacy to the Deaf Community of Ontario.	Serving deaf children, youth, and adults in Ontario	2395 Bayview Ave. Toronto ON, M2L 1A2	416-413-9191 TTY 416-513-1893	https://www.deafontario.ca/ crobinson@deafontario.ca
CNIB – Canadian National Institute for the Blind	A not-for-profit organization that provides services and supports for Canadians who are blind or living with vision loss.	Children, youth, and adults in Canada	Regional Services offered across Ontario; please check online for programs and services in your local area.	1-800-563-2642	www.cnib.ca info@cnib.ca
Mobility on Request Paratransit Services – (York Regional Transit – YRT)	York Region's door-to-door, shared ride, accessible public transit service for people with disabilities.	Residents of York Region	N/A	YRT Contact Centre: 905-762-2100 1-866-744-1119	https://www.yrt.ca/en/schedules-and-maps/mobility-on-request.aspx
Routes	Help those who are experiencing social, physical, mental and financial limitations to using	Residents of York Region	N/A	(905) 722-4616	https://www.routescc.org



common transportation methods, and are there in times of need for members of our communities					
Deaf Blind Ontario Services	Offers support- living homes and community services.	Services communities across Ontario	N/A	905-853-2862 1-855-340-3267	info@deafblindontario.com https://deafblindontario.com/
Developmental Services Ontario	Case Management Services for children 16 or approaching 16 years of age living with a developmental disability.	For GTA Residents	240 Edward Street Aurora, ON L5G 3S9	905-953-0796	www.dsontario.ca
Developmental Services Ontario Passport Office	Accessible passport program services for children, youth, and adults 16 or approaching 16 years and older living with a developmental disability	For GTA Residents	240 Edward Street Aurora, ON L5G 3S9	905-953-0796	https://www.dsontario.ca/passport-program
Learning Disabilities Association of York-Simcoe	Provides advocacy, research, education, and services and advances the full participation of children, youth, and adults with Learning Disabilities.	Children, youth, and adults residing in York Region	9040 Leslie St, Richmond Hill, ON L4B 3M4	905-884-7933	www.ldayr.org info@ldayr.org
Kerry's Place	Delivers services and supports to persons with ASD and their families.	Children, youth, and adults residing in York Region.	17345 Leslie Street, Suite 200 Newmarket, ON L3Y 0A4	1-833-775-3779	https://www.kerrysplace.org/ info@kerrysplace.org
Canadian Helen Keller Centre	Services to enhance the lives of the Deaf/Blind community	Deaf/Blind community members in the GTA.	422 Willowdale Ave. Unit 101 Toronto, ON M2N 5B1	416-730-9501	https://www.chkc.org/



Mental Health and Deaf People	ASL and English services, including initial meeting and assessments, counselling, consultations, and presentations.	For the Deaf community residing in London, ON	266 Epworth Ave. London, ON N6A 2M3	519-636-1492 (text)	www.mentalhealthdeafpeople.ca cjpsych@rogers.com
Centre of Deaf Education and Accessibility Forum	The vision of CDEAF is to create a forum to advance collaborative thoughts, ideas, and strategies within the area of mental health and deafness.	For the Deaf community residing in London, ON	266 Epworth Ave. London, ON N6A 2M3	N/A	www.cdeaf.kings.uwo.ca
Your Support Services Network	Families with Children living with developmental disabilities in need of a search manager/case manager to assist with accessing services within the developmental sector	Children, Youth and Families within York Region	240 Edward St., Unit 3 Aurora, ON L4G 3S9	905-898-6495	contact@yorkssn.ca https://yysn.ca/
Community Living – York South	Provides information for youth and adults 16 years and older, providing respite services, recreational programs, summer holiday programs, residential support, and funding resources	Children, youth and adults residing in southern York Region	101 Edward Ave. Richmond Hill, ON L4C 5E5	905-884-9110	info@communitylivingyorksouth.ca https://www.communitylivingyorksouth.ca/home
Autism Ontario	Provides services and information for families with children living with developmental disabilities, in search of recreational, life skills, and social skills programming throughout school breaks, including March Break and summer	Children and families in the GTA	1179 King St. W Suite 004 Toronto, ON M6K 3C5	416-246-9592	https://www.autismontario.com/



Children's Treatment Network	Supporting children and youth with developmental disabilities within their homes and schools.	Families, children, and youth within York Region	13175 Yonge St. Richmond Hill, ON L4E 0G6	1-866-377-0286	http://www.ctnsy.ca
Superminds Pediatric Autism Therapy	Provides in-home and in-clinic support for children living with developmental disabilities, specializing in Autism services for behaviour, self-regulation, speech and language, occupational therapy, and life-skills.	Families, children, and youth within York Region	50 Dr. Kay Drive King, ON L0G 1T0	437-247-3536	hello@supermindstherapy.com https://www.supermindstherapy.com
Side By Side Autism Therapy	Providing Applied Behavior Analysis (ABA) Therapy for children and youth living with developmental disabilities, including psycho-education assessments, speech therapy, occupational therapy, in-home ABA therapy provided by an instructor/therapist.	For residents across the GTA	252 Charlton Vaughan, ON L4J 6H3	647-955-5995	http://sidebysidetherapy.ca hello@supermindstherapy.com
York Region Early Intervention Services	Delivers programs that support families who have children with special needs in their homes or licensed childcare settings.	Families in York Region	N/A	1-888-703-KIDS (5437)	https://www.york.ca/support/childrens-services/children-special-needs
Autism in Mind Children's Therapy	Provides Applied Behavior Analysis (ABA) to children living with developmental disabilities, more specifically autism.	For children and families residing in York Region	475 Cochrane Drive Unit 3 Markham, ON L3R 9R4	905-604-8226	www.autisminmind.org info@autisminmind.org
The Brain Injury Association of York Region	The Brain Injury Association of York Region is proud to support brain injury survivors and caregivers.	Survivors and caregivers in York Region	1136 Centre Street, Suite 354	437-673-2067	https://www.biayr.org/



Thornhill, Ontario L4J 3M8					
Ontario Brain Injury Association	Our mission is to enhance the lives of Ontarians living with the effects of acquired brain injury (ABI) through education, awareness and support.	Families in York Region	N/A	(905) 641-8877	https://obia.ca/ obia@obia.on.ca
Easter Seal Ontario	Easter Seals programs and services enable kids with physical disabilities to focus on what they can do rather than on their limitations.	Families in Ontario	N/A	Click here for contact information for different programs	https://services.easterseals.org/
VOICE for Deaf and Hard of Hearing Children	VOICE offers multiple programs for parents, educators, teens, children, and newly arrived families. We work through programs of advocacy, support and education to connect those with hearing loss and ensure success in their lives.	Anyone who has a hearing-impaired child	478 Dundas St. West, P.O. Box 30045 Oakville, Ontario L6H 6Y3	(416) 487-7719	https://www.voicefordeafkids.com/
Down Syndrome Association of York Region	The Down Syndrome Association of York Region is a non-profit charitable organization. We are a group of parents, educators and community support professionals who firmly believe in the inherent equality of people with Down syndrome. We are committed to promoting a positive image of people with Down syndrome as valued community members.	Families looking for Down Syndrome support	P.O. Box 2063, Station B Richmond Hill, Ontario L4E 1A3	1-800-649-3639	https://dsayr.ca/



Ontario Parents of Visually Impaired Children – OPVIC	Ontario Parents of Visually Impaired Children (OPVIC) is a non-profit provincial support and advocacy organization, working with other stakeholders, advocating for and providing opportunities to assist Children, Youth and Young Adults who have low vision or are blind in reaching their full potential. OPVIC helps families receive the information, resources and support that they require, while educating policy makers, families and the public about the abilities and needs of children, youth and young adults who have low vision or are blind.	Anyone looking for supports to assist children, youth and young adults	N/A	tmmorra@rogers.com	https://opvic.ca/
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DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

YOUTH SERVICES

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Canadian Tamil Youth Development Centre	Empowering and developing Tamil youth through education, research, advocacy, and assistance.	Tamil Youth	705 Progress Avenue, Unit 40 Scarborough, ON M1H 2X1	416-431-4100	info@cantyd.org
Markham Filipino Heritage Group (Filipino Canadian Youth Council)	Children of Filipino descent age 15-21, gathering to share and promote Filipino culture and values.	Filipino Youth ages 15-21	58 Ramona Blvd Markham, ON L3P 2K3	905-294-4757	N/A
360 Kids	Community-based organization that provides housing, employment, education and well-being services to assist over 2,500 youth each year who are at risk or in crisis.	Children and Youth	80F Centurian Drive, Suite #200 Markham, ON. L3R 8C1	905-475-6694	https://www.360kids.ca/ info@360kids.ca
New Path Youth and Family Counselling Services	Providing residential treatments to youths (12-18 years) who are experiencing severe emotion/behavioral difficulties. Family counselling, group sessions and onsite schooling.	Children and Youth	3740 Line 13 Bradford West Gwillimbury, RR3 Cookstown, ON L0L 1L0	1-866-566-7656	emckeeman@newpath.ca www.newpath.ca
Youth Assisting Youth York Region	A peer-mentoring program that matches youth volunteer with children who are at risk and experiencing social, behavioural,	Youth	5734 Yonge St. Suite 401 North York, ON M2M 4E7	416- 932-1919	mail@yay.org https://youthassistinyouth.com



	emotional, and cultural adjustments.				
Never Too Late	To facilitate and support safe, unconditional, and lifelong connections for people who have or will age out of the child welfare system	Youth	N/A	416-863-5333	https://www.nevertoolatentl.ca/
Eating Disorders of York Region Riverwalk Wellness Centre	Organization founded by family and friends of individuals who have experienced an eating disorder.	Youth	10155 Yonge Street Richmond Hill, ON L4C 1T5	905-886-6632	www.edoyr.com info@edoyr.com
Justice for Children and Youth	Providing select legal representation to low-income children and adolescents in GTA.	Youth	Justice for Children and Youth Canadian Foundation for Children, Youth and the Law 55 University Ave, 15th Floor, Toronto, ON M5J 2H7	1-866-999-5329	info@jfcy.org http://www.jfcy.org/
Big Brothers and Big Sisters of York	BBSY offers mentorship and support to children and youth in York Region.	Children and Youth	350 Industrial Parkway S, Aurora, ON L4G 3V7	905-457-7288	https://peelyork.bigbrothersbigsisters.ca/ info.peelyork@bigbrothersbigsisters.ca
Body Brave	Body Brave is a charity providing accessible eating disorder treatment and support, as well as advancing community training and education.	Youth 14+	N/A	(905) 312-9628	info@bodybrave.ca Eating Disorder Treatment Body Brave Hamilton



Girls Inc.	Girls Incorporated of York Region is a non-profit youth organization that is dedicated to empowering girls and young women to seek the highest quality of life possible. The programs that we offer are designed to help girls develop to the fullest of their capacities in all areas of life. We actively strive to enhance confidence and self-esteem in girls and young women, while giving them the skills and tools they need in order to be empowered, productive and contributing members of society.	Girls and Youth	482 Queen Street Newmarket, ON L3Y 2H4	(905) 830-0776	https://girlsincyork.org/
York Hills	York Hills has expertise in treating the social, emotional and behavioural challenges	Youth (to age 18)	402 Bloomington Road, Aurora, Ontario L4G 0L9	905-503-9560	https://www.yorkhills.ca/
Youth Wellness Hub	Across Ontario, there are 22 YWHO Hub Networks that provide high-quality integrated youth services to support the well-being of young people aged 12 to 25, including mental health and substance use supports, primary health care, community and social supports, and more.	Youth 12-25	Various locations across Ontario	info@ywho.ca	https://youthhubs.ca/
Recreation Subsidies	Recreation programs and day camp subsidies provide children from families with low income the	Youth 12-17	N/A	1-888-703-KIDS (5437)	https://www.york.ca/support/financial-



	ability to take part in programs offered by the municipal recreation departments.				assistance/recreation-subsidies
Free to Be (FSYR)	This is a FREE virtual group for parents/caregivers of gender diverse children, regardless of age which meets once a month. Free to Be offers an opportunity to meet for support and education. The goal of this program is to destigmatize gender diversity.	Parents/caregivers of gender diverse children	Virtual group. Click here to register	Andrew (they/them) at (905) 883-6572 ext. 151 or email araya@fsyr.ca	Free To Be - Family Services York Region (fsyr.ca)
Gender Galaxies	A free 8-week virtual group for youth 12 to 15 exploring their gender identity and gender expression. Learn about and discuss topics such as: self-care, self-advocacy, media, dysphoria, body image, coming out, gender affirming care and intersectionality.	Youth 12-15	Virtual group. Click here to register	905-895-2371	https://www.fsyrc.ca/services/group-programs/
Youth Services - John Howard Society	John Howard Society of York Region offers a variety of prevention, intervention, educational and service programs to individuals who are between the ages of 12 and 29.	Youth 12-29	306-16600 Bayview Avenue, Newmarket, ON L3X 1Z9	Please contact Nikki Hanson at 905-868-6205 or nhanson@jhnyork.ca	https://johnhoward.org/yorkregion/services/youth-programs/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

INDIGENOUS SERVICES

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Dnaagdawenmag Binnoojiiyag Child and Family Services	Child, Youth and Family Well-Being Agency.	Children and Youth, and Families in the First Nation, Métis, and Indigenous Community	517 Hiawatha Line Hiawatha ON K9J 0E6	1-844-523-2237	https://www.binnoojiiyag.ca/
Gi Zhawenimin Indigenous Wraparound	Promote and facilitate permanent connections, safety, and belonging, for Indigenous youth who are at risk of or have aged out of the child welfare system	Indigenous youth in Waterloo and surrounding	N/A	gizhaweniminwra paround@gmail. com	https://heron-owl-w7l4.squarespace.com/
Proclaiming Our Roots	Project is aimed at honoring the histories, realities, stories and experiences of people who are of African diasporic and Indigenous ancestry, and who reside on Turtle Island	Afro-Indigenous community	N/A	Ciann L. Wilson ciann.wilson@g mail.com	https://www.proclaimingourroots.com/
Métis Nations of Ontario	MNO has established a province wide infrastructure to deliver programs and services for Métis people in Ontario in the areas of Economic Development, Education and Training.	Indigenous Community in the GTA	64 Cedar Pointe Drive, Barrie ON L4N 5R7	705-722-5022	https://www.metisnation.org/



Anishnawaebe Health Toronto	MNO has established a province wide infrastructure to deliver programs and services for Métis people in Ontario in the areas of Economic Development, Education and Training.	Indigenous Community in the GTA	64 Cedar Pointe Drive, Barrie ON L4N 5R7	705-722-5022	https://www.metisnation.org/
Anishnawaebe Health Toronto	AHT's model of health care is rooted in indigenous culture and traditions.	Servicing members of the First Nations, Métis, and Inuit communities in Ontario	225 Queen St., East Toronto ON, M5A 1S4	416-360-0486	www.aht.ca
Odeiwin	Focused on decreasing barriers for our Indigenous community while creating safe spaces that foster pathways to truth and reconciliation for all community members	Indigenous community + community members	N/A	416-801-8544	https://odeiwin.ca/
Tungasuvvingat Inuit	Tungasuvvingat Inuit is an Inuit-specific urban services provider that offers community supports for Inuit of all ages. Finding your way through the urban systems and getting the support you need is what TI does. We're there for you as you build your life in the south and work to keep you connected to your culture in the north.	Inuit community	1071 Richmond Road, Ottawa, ON	(613) 565-5885	https://tiontario.ca/info@tiontario.ca
Toronto Inuit Association	A community non-profit organization in Toronto for Inuit	Inuit community	N/A	N/A	https://live.indigenousto.ca/



	from all regions, where we provide support in language learning, cultural awareness, as well as family, employment, health and wellness, and fitness services to Inuit and their families.				
Aboriginal Health Access Centre – AHACs	Providing different types of health and social support services to First Nations, Métis, and Inuit communities.	Serving the Indigenous community across Ontario	970 Lawrence Ave., W. Toronto ON, M6A 3B6	416-236-2539	www.aohc.org
Ontario Native Women's Association	Offers a variety of programs for Indigenous girls and women and their families.	Servicing Indigenous women and girls in Ontario	P.O Box 15-684 City Rd., Fort William First Nation Ontario P7J 1K3	1-800-667-0816	www.onwa.ca
First Nations Child and Family Caring Society	Provides reconciliation-based public education, research, and support to promote the safety and well-being of Indigenous children, young people, families, and nations.	Servicing Indigenous children, youth, and families in the Ottawa Region	#401-309 Cooper St. Ottawa ON, K2P 0G5	613-230-5885	www.fnccaringociety.com
Anishinabek Nations	A political advocate for 39 Member First Nations across Ontario offering various programs and services.	Servicing the Indigenous community across Ontario	1 Migiziimiikan P.O. Box 711	1-877-702-5200	www.anishinabek.ca
University of Toronto Centre for Indigenous Studies	Offers online information pertaining to Indigenous Peoples and communities in the GTA.	Servicing the Indigenous community in the GTA	536 Spadina Ave., 2nd Floor Toronto ON, M5S 2J7	416-978-2233	www.indigenousstudies.utoronto.ca



Plenty Canada	An Indigenous not-for-profit organization committed to reconciliation through the cross-cultural protection of nature.	Servicing the Indigenous community in Canada	266 Plenty Lane Lanark ON, K0J 1K0	613-278-2215	www.plentycanada.com
Indigenous Services Canada	Works collaboratively with partners to improve access to high quality services to First Nations, Inuit, and Métis people.	Servicing First Nations, Inuit, and Métis people across Canada.	N/A	1-800-567-9604	www.canada.ca/en/indigenous-services-canada.html
Aboriginal Law Society	Provides a forum for dialogue regarding issues among Indigenous and non-Indigenous advocates.	Indigenous and non-Indigenous allies in the GTA.	N/A	N/A	Alc.utlaw@gmail.com
Aboriginal Legal Services	To strengthen the capacity of the Aboriginal community and its citizens to deal with justice issues and provide Aboriginal controlled and culturally based justice alternatives.	Indigenous community	211 Yonge Street, Suite 500, Toronto ON M5B 1M4	416-408-3967	info@aboriginallegal.ca https://www.aboriginallegal.ca/
OHAS- Ontario Aboriginal HIV/AIDS Strategy	Provides outreach and support services to Aboriginal people living off-reserve living with or affected by HIV/AIDS.	Aboriginal people living off-reserve in Ontario.	282 Parliament St, Toronto, ON M4X 1A8	416-944-9481	www.ohas.org
Ontario Federation of Indigenous Friendship Centres	Work to support, advocate for, and build the capacity of Friendship Centres across Ontario.	Servicing the First Nations, Inuit, and Métis community in the GTA	219 Front St., E. Toronto ON M5A 1E8	416-956-7575	www.ofifc.org



Chippewas of Georgina Island	The mission of the Band is to preserve, promote and advance the culture, health, economic, and social well-being of the community.	Servicing the Band members of the Chippewas of Georgina Island.	Sutton West, Ontario L0E 1R0	705-437-1337	www.georginaisland.com
Ninoskomtin Native Cultural Friendship Centre of York Region	The mission of the Band is to preserve, promote and advance the culture, health, economic, and social well-being of the community.	Servicing members of the First Nations, Métis, and Inuit communities in Ontario	76 Prospect St., Unit 5 Newmarket ON Canada L3Y 3T2	289-338-0508	N/A
Indigenous Action Committee	Provides Indigenous Peoples primarily in York Region with cultural activities and programs that focus on traditions and customs.	Servicing members of the First Nations, Métis, and Inuit communities in Ontario	N/A	N/A	https://indigenousactioncommittee.com/
NA-ME-RES (Native Men's Residence: Toronto)	Provides housing support to Indigenous men facing homelessness	Servicing members of the First Nations, Métis, and Inuit communities in Ontario who are experiencing homelessness	26 Vaughan Road Toronto, Ontario M6G 2C4	1.866.626.3737	https://www.nameres.org/
Anduhyaun Inc.	Strives to support Indigenous women and children in their efforts to maintain their cultural identity, self-esteem, economic, physical, and spiritual well-being. They	Indigenous women and families fleeing violence	1296 Weston Road, Toronto, ON M6M 4R3	416-243-7669 ext. 226	https://anduhyaun.org/



	provide emergency shelter and second stage transitional housing support.				
Native Women's Resources Centre of Toronto	They offer wraparound services to address and support basic needs, housing, advocacy, employment, education, healing from trauma, violence, and access to ceremonies & traditional practitioners/healers.	Indigenous women and their children in the GTA.	191 Gerrard St E, Toronto ON M5A 3E5	416-963-9963	https://nwrcet.ca
Native Child & Family Services of Toronto	Multi-service Indigenous child wellbeing agency striving to provide a life of quality, wellbeing, caring & healing.	Indigenous children and families in the GTA.	30 College St, Toronto Ontario M5g 1k2	416-969-8510	https://nativechild.org/
Native Canadian Centre of Toronto	Offer a wide range of programs and services based on Indigenous cultural traditions and teachings and all are welcome	Indigenous people in the GTA	16 Spadina Rd, Toronto ON M5R 2S7 .	416-964-9087	https://ncct.on.ca
Ojibiikaan Indigenous Cultural Network	An organization that helps Indigenous people engage and connect with the land through a holistic approach in honouring and understanding the historical, cultural and social significance to the land.	Indigenous people across Canada	N/A	647-390-6567	www.ojibiikaan.com
Support Network for Indigenous Women & Women of Colour (SNIWWOC)	Support all women & girl's access to healthcare and full reproductive choice through culturally appropriate peer support, counselling, & other services.	Indigenous and POC women across Canada	N/A	250-277-2545	https://www.sniwwoc.ca



Talk 4 Healing Indigenous Women's Crisis Line	A crisis phone line providing support and resources for Indigenous women all across Ontario experiencing violence.	Indigenous women across Ontario experiencing violence.	N/A	1-888-200- 9997	N/A
Indian Residential School Crisis Line	A national service for anyone experiencing pain or distress as a result of their residential school experience. Available 24/7	Former Residential School Survivors and their families	N/A	1-866-925-4419	N/A
Hope for Wellness Help Line	24 hours a day, 7 days a week for counselling and crisis intervention	Indigenous people across Canada	N/A	1-855-242-3310 Connect to the online chat .	N/A
Missing and Murdered Indigenous Women and Girls Crisis Line	An independent, national, toll-free support call line is available to provide support for anyone who requires assistance. This line is available free of charge, 24 hours a day, 7 days a week.	Indigenous people across Canada	N/A	1-844-413-6649	https://www.mmiwg-ffada.ca/contact/
Family Information Liaison Unit (FILU)	If you have questions about your missing and murdered loved ones, FILU members work directly with families to gather information from government services and agencies, such as child protection, police services and coroner's offices, to address outstanding questions about the loss of their loved ones.	Family members of missing and murdered Indigenous women and girls	N/A	1-844-888-8610	https://www.ontario.ca/page/family-information-liaison-units



TKARŌN:TO - Indigenous Vaccine Access	Indigenous-led community vaccination clinics in the GTA. They provide support for Indigenous people and their families with respect to all medical vaccines and information as well as COVID vaccines and information.	Indigenous people in the GTA	N/A	437-703-8703	https://www.tkarontovaccines.com appointments@healthybreathing.co
Toronto Council Fire Native Cultural Centre	They provide culturally based supports and programs to Indigenous children, youth, families, and individuals to encourage and enhance spiritual and personal growth	Indigenous people in the GTA	439 Dundas St E, Toronto ON M5A 2B1	416.360.4350	www.councilfire.ca/index.html
Toronto Indigenous Harm Reduction	They provide harm reduction & unconditional support for experiences such as substance use, houselessness, incarceration, and more through access to ceremony, traditional food & medicines, essential items, transportation, communication, & access to healthcare.	Indigenous people in the GTA	N/A	torontoindigenoushr@gmail.com	torontoindigenoushr@gmail.com
Toronto & York Region Métis Council	Provides cultural events, education and build healthy and reciprocal relationships in the spirit of reconciliation. They also offer information on how to become a Métis citizen and research Métis lineage	Métis people in the GTA	404-75 Sherbourne St, Toronto ON M5A2P9	416-977-9881 ext. 124	www.tyrmc.org
2-Spirited People of the 1st Nations	They provide prevention education, support & community for 2Spirit people, including First Nations,	2 Spirit people in the GTA	105-145 Front St E, TORONTO ONTARIO M5A 1E3	416-944-9300	www.2spirits.org



Métis & Inuit living with or at risk for HIV/AIDS and related co-infections in the GTA.					
The 519	We respond to the evolving needs of the 2SLGBTQ+ communities, from counselling services and queer parenting resources to coming out groups, trans programming, and senior's support	2SLGBTQ+ people living in the GTA	519 Church Street, Toronto ON M4Y 2C9	416-392-6874 Info@The519.org	www.the519.org
Native Youth Sexual Health Network	An organization by and for Indigenous youth that works across issues of sexual and reproductive health, rights and justice throughout the United States and Canada.	Indigenous 2SLGBTQ+ people in the US and Canada	N/A	info@nativeyouthsexualhealth.com	www.nativeyouthsexualhealth.com
First Nations Technical Institute	We offer unique educational opportunities to enhance learners' and communities' capacity and strength. In partnership with several Ontario colleges and universities, our Indigenous institute delivers culturally rich post-secondary programs. Our community-driven approach coupled with our intense program delivery method allow our Indigenous learners to maintain connections to family and community while they study and prepare for their future careers.	Indigenous and community	N/A	1-800-267-0637 recruitment@fnti.net	FNTI - First Nations Technical Institute FNTI



Ontario. Ministry of Indigenous Affairs	Helps Indigenous people access Ontario government programs, services and information * promotes collaboration and coordination across ministries on Indigenous policy and programs in partnership with First Nations, Métis, and Inuit. Implements updates to the land claims process to address historical grievances.	Indigenous community in Ontario	160 Bloor St E, 4th Fl Toronto, ON M7A 2E6	1-866-381-5337	www.ontario.ca/page/ministry-indigenous-affairs
Indspire	Indspire is an Indigenous national charity that invests in the education of First Nations, Inuit and Métis people for the long-term benefit of these individuals, their families and communities, and Canada.	Indigenous students	N/A	1-855-463-7747	https://indspire.ca/
CAMH – Aboriginal Service	The Aboriginal Service provides outpatient groups and individual counselling to Aboriginal people experiencing substance use and mental health issues, as well as support to clients who are in CAMH inpatient programs.	People who self-identify as First Nations, Inuit or Métis	Queen Street Site - 60 White Squirrel Way	Self-referral accepted through Access CAMH, call 416-535-8501 press 2	Click here
The Wiis'nin Project	A faith-based project, serving the community with a \$5 meal Every Sunday, 4-6pm.	Toronto community	1294 Gerrard Street East Toronto, ON M4L1Y7	17059896668	N/A
The Indigenous Support Project (TISP)	TISP is a small group that focuses on providing relief materials as well as cultural education to	Toronto area	N/A	General@tispinfo.org	https://www.tispinfo.org/



	various Indigenous communities around the globe. We help individuals and youth in the Toronto area with food security, cultural education, peer support, community outreach and much more				
Ribbon Skirt Workshop	Make your own Ribbon Skirt in this 2-day workshop with Shauna McAllister (Cree Métis)	Indigenous people	The Neon Needle 792 Ossington Avenue, Toronto, Ontario M6G 3V1	info@theneonneedle.com	https://www.theneonneedle.com/ribbon-skirt-workshop
Inuuqatigiit Centre for Inuit Children, Youth and Families	Inuuqatigiit Centre for Inuit Children, Youth and Families is a multi service non-profit organization serving Inuit children, youth, and their families. We provide cultural, educational, and support services in a caring, respectful, and collaborative environment that fosters strong and proud Inuit children and families.	Serves Inuit children, youth, and their families in Ottawa.	224 and 230 McArthur Ave, Ottawa ON K1L 6P5	adminassistant@inuqatigiit.ca	https://inuqatigiit.ca/
Inuit Tapiriit Kanatami	Serve as a national voice protecting and advancing the rights and interests of Inuit in Canada	Inuit identifying individuals	N/A	1 (866) 262-8181	https://www.itk.ca/contact-representational-organization-canadian-inuit/
Four Winds – Niiwin Wendaanimak	The program is focused on providing culturally specific Indigenous supports and access to healing ceremonies, health	Indigenous folks in Toronto	168 Bathurst Street Toronto, Ontario M5V 2R4	416-703-8482 x 2426	Click here



education with a focus on diabetes
(prevention & education), case
management supports, access to
primary care and harm reduction
supports, and social recreation
activities to build social
connections and support.



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

TELEPHONE SUPPORT

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
9-8-8 Suicide Crisis Line	9-8-8 is here to provide moments of connection that create hope, support recovery and save lives. We help people connect to their strengths and find new ways to cope, live and thrive.	Anyone needing support with thoughts of suicide or if worried about someone else.	N/A	9-8-8 (Can call or text)	https://988.ca/
310-COPE	A crisis worker will provide an immediate telephone/text response in a variety of situations, such as if you are feeling depressed, distressed, lonely, anxious, scared, angry or are worried that you have nowhere to go.	For persons living in York Region or South Simcoe with a mental health crisis, and their family or friends.	N/A	1-855-310-COPE (2673) You can also text at 1-855-310-2673 or chat with a crisis worker online via ours Live Chat	https://yssn.ca/310-COPE/
Distress Centres of Greater Toronto	Whether you're struggling with overwhelming emotional distress, social marginalization and mistreatment, or having thoughts of suicide, our 408-Help Lines allow you to connect with our well-trained volunteer responders	GTA	N/A	416-408-4357 Offer services in Cantonese, Mandarin, Portuguese, Spanish, Hindi, Punjabi and Urdu, open Monday to Friday, 10am to 10pm	https://www.dcoft.com/408-helpline/



Gerstein Centre	Our crisis services include 24/7 telephone support, in-person mobile crisis team, community support referrals, substance use crisis management, follow-up and access to short-term crisis beds.	Adults 16+ in the City of Toronto	N/A	416-929-5200	https://gersteincentre.org/our-crisis-services/
Krasman Centre Warm Line & Peer Crisis Support Services	These services provide non-crisis and crisis live support from a recovery and peer informed perspective in the York Region, South Simcoe and North York areas. They are serviced by individuals with lived experience with mental health concerns, addiction, and/or trauma.	Residents in York Region, South Simcoe, and North York area	N/A	1-888-777-0979 Open 24/7 Click here for live chat Mon-Sun 10 am-12 midnight	https://krasmancentre.com/what-we-do/warm-line-peer-crisis-support/
Gamblers Anonymous	Gamblers Anonymous is a fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others do the same. Created by youth, 100% volunteer based, dedicated to providing resources and support for all Canadians affected by bullying. Provides a 24/7 toll free telephone support service.	Mutual aid and support for spouse, family, or close friends of compulsive gamblers.	N/A	1-855-222-5542 Available 24/7 Chat: 4 PM – 9:30 PM, at 647-694-4275	https://www.gatoronto.ca/
Bullying Canada	Offers information, help and support to victims, perpetrators, bystanders, parents, school staff and the community.	Children, youth, and young adults 5-25 years old	N/A	1-877-352-4497	https://www.bullyingcanada.ca/



		including newcomers. 2SLGBTQ+ community			
Kid's Help Phone	Kids Help Phone is Canada's only 24/7 e-mental health service offering free, confidential support to young people.	Children and youth	N/A	1-800-668-6868	https://kidshelpphone.ca/
LGBT Youth Line	Provides peer support by and for 2SLGBTQ+ people 29 and under across Ontario. Trained peer support volunteers with a diversity of 2SLGBTQ+ identities provide a range of supports, including questioning gender identity/sexual orientation; coming out; mental health; relationships; social isolation; and referrals to further supports. **This is not a crisis line**	Trans and questioning peers	N/A	647-694-4275 Open Sunday-Friday for text and chat Text: 4 PM – 9:30	https://www.youthline.ca/get-support/ways-we-support/
Trans Lifeline	Provides peer support by trans people for trans and questioning callers. Crisis and other supports and resources are provided in both English and Spanish	Trans and questioning callers	N/A	1-877-330-6366	https://translifeline.org/hotline/
National Helpline for Canadian Youth	Our "Helpline" serves as the point of contact to our professional services from youth, families, school districts and a variety of youth serving stakeholders. Service in French and other	All youth and specifically responds to the needs of Black youth	N/A	1-833-294-8650 Every day, 9 am – 10 pm	https://blackyouth.ca/services/#our-services



<p>languages available upon request. **This is not a crisis line. **</p>					
Naseeha Youth Helpline	International hotline that provides youth and particularly Muslim youth with the tools needed to address a range of issues including mental health, drugs and alcohol, bullying, religion, marriage and divorce, domestic issues, pornography, and career or work-related issues. Peer-counsellors provide immediate, anonymous, and confidential support over the phone.	Youth and particularly Muslim youth	N/A	1-866-627-3342 Call or text. 7 days a week (12 pm – 3 am)	https://naseeha.org/helpline-and-textline/
Here to Help Line (York Hills)	These services offer free immediate access to single session counselling from a mental health professional. The single session assists in developing a plan that will help you move forward with the issue(s) you have raised.	Children, youth (0-18) and their parents, caregiver, or adult supporters	York Hills Walk-In Monday and Tuesday from: 2:00 PM to 7:00 PM. 402 Bloomington Rd, Aurora ON, L4G 0L9	Monday and Tuesday from: 2:00 PM to 7:00 PM 905-503-9561	Here to Help Single Session - Call in service available Monday to Thursday (yorkhills.ca)
One Stop Talk	When it all feels like it's just too much, One Stop Talk is here. Our certified therapists provide immediate, confidential support – at no cost.	Child, youth in distress, or family member, anywhere in Ontario	N/A	1 855 416 8255 Monday to Friday 12pm – 8pm EST Saturday 12pm – 4pm EST Chat option on website, click the “Connect with a therapist now” button	https://onestoptalk.ca/



Seniors Safety Line	SSL is the only 24-hour crisis and support line for seniors in Ontario who have experienced any type of abuse or neglect. Callers receive emotional support, safety planning, information, and referrals in over 200 languages. The SSL is a "senior friendly" service with a live counsellor available to help navigate often difficult systems, 7 days a week, 365 days a year	Seniors in Ontario	N/A	1-866-299-1011	Click here for website
Talk 4 Healing	Provides support and resources for Indigenous women, by Indigenous women, across Ontario, 24 hours a day, 7 days a week. Services are grounded in Indigenous culture, wisdom and tradition and are available in Oji-Cree, Ojibway, Cree, Algonquin, Inuktitut, Mohawk, Oneida, Odawa, Potawatomi, Micmac, Black Foot, Anishinaabe, Moose Cree, Swampy Cree and English and French	Indigenous women	N/A	1-888-200-9997	Click here for website
National Indian Residential Schools Crisis Line	This national service provides support to former Residential School students in crisis 24 hours a day, 7 days a week. Support is provided by trained crisis counsellors, many of whom are Indigenous.	Former Residential School students	N/A	1-866-925-4419	N/A



Missing and Murdered Indigenous Women and Girls Crisis Line	Crisis support is available to individuals impacted by the issue of missing and murdered Indigenous women, girls, and 2SLGBTQQIA+ people 24 hours a day, 7 days a week	Those impacted by MMIWG and 2SLGBTQQIA+	N/A	1-844-413-6649	https://www.mmiwg-ffada.ca/contact/
Women's Support Network (WSN)	Women's Support Network of York Region (WSN) is a rape crisis/sexual violence centre dedicated to providing free, confidential services for individuals who have experienced any form of sexual violence. 24 hours a day, 7 days a week.	Individuals and youths who have experienced any form of sexual trauma including sex trafficking	N/A	1-800-263-6734	Crisis Line – Women's Support Network of York Region (womenssupportnetwork.ca)
Male Survivors of Sexual Violence	24/7 multilingual support service for male survivors of sexual abuse, both recent and historical.	Male survivors of sexual abuse	N/A	1-866-887-0015	N/A
Action Canada for Sexual Health & Rights	The Access Line is a 7-day a week toll-free, confidential phone and text line. It is available for questions about sexual health, pregnancy options, abortion, and safer sex. We provide information and make referrals to sexual health providers.	Open to anyone with questions about sexual health, pregnancy options, abortion, and safer sex.	N/A	1-888-642-2725	Call the access line 1-888-642-2725 Action Canada for Sexual Health and Rights (actioncanadashr.org)
Victim Services of York Region	Provides immediate emotional support, practical assistance, information and referrals to individuals victimized by crime or tragic circumstance.	Assistance to persons victimized by crime or tragic circumstance.	N/A	905-953-5363	Victim Services of York Region Programs (victimservices-york.org)



Victim Support Line	The multilingual Victim Support Line provides services to victims of crime across Ontario, in most languages spoken in the province.	Victims of crime and their families	N/A	1-888-579-2888 Or chat online Monday to Friday from 7 a.m. to 9 p.m. Eastern Time	N/A
Fem'aide	Fem'aide provides French-speaking women experiencing gender-based violence with support, information, and referrals to appropriate services in their community, 24 hours a day, 7 days a week. Fem'aide can also respond to requests for information made by relatives of women who are victims of violence.	French-speaking women experiencing gender-based violence	N/A	Call or text 1-877-336-2433 Online chat here	Chat (Live Chat) - Fem'aide (femaide.ca)
Assaulted Women's Helpline	A free, anonymous, and confidential 24-hour telephone and TTY crisis telephone line. We provide crisis counselling, safety planning, emotional support, information, information, and referrals accessible 7 days a week, 365 days a year.	Women in Ontario who have experienced any form of abuse	N/A	1-866-863-0511 Online chat click here Monday to Friday between 11am and 8pm	Assaulted Women's Helpline (awhl.org)
Sandgate Women's Shelter	Our counsellors are available 24/7 to take calls from women in crisis to immediately assess the level of danger and help women take appropriate action. Our crisis and support line are a critical first step for women experiencing abuse,	Women experiencing abuse	N/A	1-800-661-8294	https://www.sandgate.ca/



and we ensure that every single call for help is answered.					
Yellow Brick House	Yellow Brick House provides life-saving services and prevention programs to meet the diverse needs of individuals, families, and communities impacted by violence	Women experiencing abuse	N/A	1-800-263-3247	https://www.yellowbrickhouse.org/get-help/
Ontario Brain Injury Association (OBIA)	OBIA Helpline provides confidential, emotional support for anyone who needs a caring, compassionate, and non-judgmental listening ear.	Survivors and family of Brain Injury	N/A	1-800-263-5404	https://obia.ca/support/helpline/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

HUMAN TRAFFICKING

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Women's Support Network	Offers a crisis line and case management supports about sexual exploitation and trafficking	People seeking support for themselves or family about sexual exploitation and trafficking	#109 - 1110 Stellar Dr, Newmarket ON, L3Y 7B7	905 895 3646	Human Trafficking Supports – Women's Support Network of York Region (womenssupportnetwork.ca)
Victim Services York Region	Provides 24-hour emotional support and practical aid to persons victimized by crime or tragic circumstance.	To persons victimized by crime or tragic circumstance	16640 Yonge St., Unit 1, P.O. Box 93339, Newmarket, ON L3X 1A3	905-953-5363	https://www.victimservices-york.org/
Victim Services Toronto	VST provides case management, advocacy and crisis response for human trafficking survivors. VST offers youth and parent workshops to raise awareness about the risks of human trafficking and how to prevent it.	Human trafficking survivors	40 College St., Toronto, ON M5G 2J3	General Inquiries 416-808-7066	https://www.victimservices-toronto.com/human-trafficking-prevention-intervention
Bridge North	We are a survivor-led organization committed to ending sexual exploitation in Canada.	We are a survivor-led organization committed to ending sexual exploitation in Canada.	23 – 1111 Davis Drive, Suite 102 Newmarket, Ontario L3Y 9E5	https://bridgenorth.org/contact-us/	https://bridgenorth.org/



Aura Freedom	Aura Freedom is a grassroots organization working in Canada and internationally to end violence against women and human trafficking through advocacy and education.	The Info Hub has quickly become a “go to” resource for service providers, students, parents, educators, advocates, researchers, communities and other anti-trafficking stakeholders	N/A	info@aurafreedom.org	https://aurafreedom.org/human-trafficking/
Covenant House	At Covenant House, we provide young women with the health care and housing services needed to recover, heal from intensive trauma and move forward with their lives. We also provide referrals to other community-related services	Victims of sex trafficking	20 Gerrard Street East Toronto, ON M5B 2P3	(416) 886-0944 (Monday to Friday, 9 a.m. to 5 p.m.) or toll-free at 1-800-435-7308 endht@covenanthouse.ca (Monday – Friday, 8 a.m. – 6 p.m.)	https://covenanthouse.toronto.ca/traffic-stop/how-to-get-help/
SafeHope Home	We look to provide long-term recovery programs, designed to guide sexually exploited or trafficked women, or those at identifiable risk of becoming sexually exploited/trafficked into full rehabilitation and reintegration into society. This process includes	Young women exiting the sex trade	SafeHope Home Box 368, 15-75 Bayly St. W. Ajax, Ontario L1S 7K7	info@safehopehome.com	https://safehopehome.com/



housing, post-secondary education, counselling and more.					
Walk with Me Canada	Established by a survivor of human trafficking, Walk with Me was created with a commitment to ensuring that survivors have a place in providing first response care to victims of human trafficking and secondly with recognition that survivors should have a voice in developing a coordinated community response that can meet immediate crisis and longer-term needs of trafficked victims.	Survivors of human trafficking	N/A	24/7 Victim Assistance/ Crisis Line: 647-838-6673 PLEASE NOTE: THE CRISIS LINE IS ONLY FOR POLICE OFFICERS AND SOCIAL AGENCIES WHO REQUIRE IMMEDIATE VICTIM SERVICE CARE.	https://walk-with-me.org/



DEI COMMUNITY RESOURCE AND SERVICE DIRECTORY: SERVICE TO DIVERSE IDENTITIES: REMEDIAL, SOCIAL, RECREATIONAL

SUPPORT FOR MEN

SERVICE /ASSOCIATION NAME	DESCRIPTION / SERVICES	COMMUNITIES SERVICED	ADDRESS	PHONE NUMBER	EMAIL / WEBSITE
Male Survivors of Sexual Violence	Services for male survivors of sexual abuse can help you to deal with the impact of unwanted sexual experiences, whether recent or from years ago. You will learn that you are not alone, you will meet people you can trust to help you understand your problems. You will get the help you need to deal with the impact of the abuse. You will learn how to improve relationships with friends and family	Male survivors of sexual abuse	Various office locations	Service Access Unit at 416 595 9618	https://familyservicetoronto.org/our-services/programs-and-services/male-survivors-of-sexual-abuse/
Next Gen Men	A small but mighty nonprofit working towards a future where boys and men feel less pain and cause less harm.	Men and boys	N/A	905 895 3646	Next Gen Men
Caring Dads	The Caring Dads Program is an evidence-based intervention for men who have been abusive towards their children's mother, their children, or in most situations, both. Caring Dads is a structured 17-week counselling/interpersonal problem-solving group.	Men who have been abusive towards their children's mother, their children or both	Please see website for information about locations of group	info@caringdads.org	https://caringdads.org/for-dads/#ontario



White Ribbon Campaign	White Ribbon is the world's largest movement of men and boys working to end violence against women and girls, promote gender equity, healthy relationships and a new vision of masculinity.	Men and boys working to end violence against women and girls	5200 Yonge St, 2nd Floor Toronto, ON M2N 5P6 Canada	416-920-6684	https://www.whiteribbon.ca/
Blue Door Shelter – Porter Place	Porter Place is the only year-round men's emergency housing in York Region.	Men	18838 Highway 11, East Gwillimbury, ON, L9N 0C5	905-898-1015	https://bluedoor.ca/
Blue Door Shelter – Kevin's Place	Kevin's Place traditionally provides a caring environment for male youth	Male youth 16-26	835 Gorham St, Newmarket, ON, L3Y 1L7	905-898-1015 ext.3	https://bluedoor.ca/
Breaking the Silence Group – Women's Support Network	An 8-week group for men, male and masculine identifying survivors of sexual trauma.	Men, male and masculine identifying survivors of sexual trauma	Online	905-895-3646	https://womenssupportnetwork.ca/services/group-programs/