A GUIDE TO ACCESSING
USEFUL SERVICES

YOUR POST-SECONDARY-EDUCATION-

YRCAS CE

Table Of Contents

PAGE 2: ABOUT THIS DOCUMENT

PAGE 3: BEFORE STARTING SCHOOL

PAGE 7: STUDENT BUDGETING

PAGE 14: HOUSING

PAGE 19: CAMPUS SERVICES

PAGE 24: MODIFYING YOUR PROGRAM

PAGE 27: HOW TO GET INVOLVED

PAGE 30: GRADUATION



SCAN THIS QR CODE TO SEE MORE RESOURCES



What is This Dogument?

The 2024 YRCAS Youth Advisory Council has put together a post secondary resource booklet for youth in care to use when taking on their own education journey! This booklet provides tips, tricks, and potentially useful services to consider using while navigating post secondary. Sometimes all it takes is knowing that something exists for you to be able to find it so we hope that this booklet provides youth with a starting point for locating useful services from their individual schools.



Keep in mind, every school is different and not all of the services mentioned may be offered by every post secondary institution. However, knowing what may be available for you and where you may find more information is a great stepping stone and can help you adjust your search or find alternative services!



2

What to Look for When Getting Ready for School







Locate Important Dates:

- Visit your school's official website and look for the academic calendar.
- Use a search engine with the format: "[Name of School] [Program Name] important dates [Year]."
- This will guide you to relevant pages listing deadlines for enrollment, tuition fees, course registration, and exam periods.

Add to Your Calendar:

- Enter these dates into your phone's calendar or any other digital planner you use.
- Set reminders at least a week in advance for each event to give yourself time to prepare. Regularly

Check for Updates:

• Schools occasionally update important dates, so revisit the site periodically or subscribe to updates if available.

Pick up your student ID card

- Your school should provide you with information on how to submit a photo and any other required documentation in order for you to be issued your student card.
- This card will allow you access to exams, libraries, school events, and may also act as a bus/transit pass if it was included in tuition

Online Resources



A lot of learning and resources are located not just in the classroom but also online. As a student it becomes important to stay up to date with announcements on student portals, student emails, and each institutions web-based learning platform (ie. D2L, Quercus, Learn, my learning space etc.).

Student Email

- Your school will provide you with a student email (typically Microsoft 365) for your career as a student there.
- You may need to activate the email but your school should provide instructions on how to do this.
- Make sure to check your student email regularly. This might look like downloading the mobile app and turning on notifications.



Student Portal

- This online website will usually require you to login using your school credentials that have been provided to you.
- Information about finances, tuition, courses and course schedules, transcripts, grades, and your specific program details can be found here.
- Tuition fee deferral may be done through this portal which will give you extra time to receive your funding (le. OSAP) and pay your tuition without incurring late fees.
- Course selection for each term may also happen through the portal and it is important to make sure you are up to date on the important dates for adding, dropping, or switching courses.
- Tax forms can generally be found here as well which you will need if you are 18+ and completing tax returns for the year.

Online Learning Platforms

- Most schools and courses provide an online classroom like D2L, Google Classroom, Quercus or something similar.
- Your course content, assignments and class updates (cancelations, extra credit, slide decks, etc.) will be there.



Know the Enrollment Dates:

- Find the dates for class enrollment on your school's academic calendar or student portal.
- Add these dates to your calendar with reminders to ensure you don't forget.

Review Program Requirements:

- Before enrolling in courses, review your program requirements carefully to ensure you're on track to graduate.
- Make sure the courses you choose align with your academic goals and fulfill necessary prerequisites.

Consult Advisors When Needed:

• If you're considering making major changes to your course load or program, consult with a scheduling or academic advisor first. They can provide guidance to ensure that your decisions won't negatively impact your graduation timeline.

OSAP Applications

- Log onto the OSAP website to get you breakdown of funding for the given semester or year
- Understand the difference between a grant and a loan. More information on page ... **XX**
- Check your deposit dates and how to make the payment
- Tuition will be posted and you need to make sure you know the important deadlines and how to pay

This should be done as soon as you receive your offer or at the time of enrollment for the next semester to make sure your payment isn't late



Contact Education Liaisons if you have issues or have questions about your OSAP application

- If you applied for OSAP then you can apply for a tuition payment deferral if possible, try typing into google "SCHOOLNAME tuition payment deferral"
- Alternatively, your school may have a late fee which will be covered in your OSAP but you can talk to a financial advisor for more info
- Remember to leave enough time for your required documents to be approved or your funds may deposit late!
- If you are receiving funding, make sure you defer your tuition fees with your school which may be an online or in person process - check your student portal!

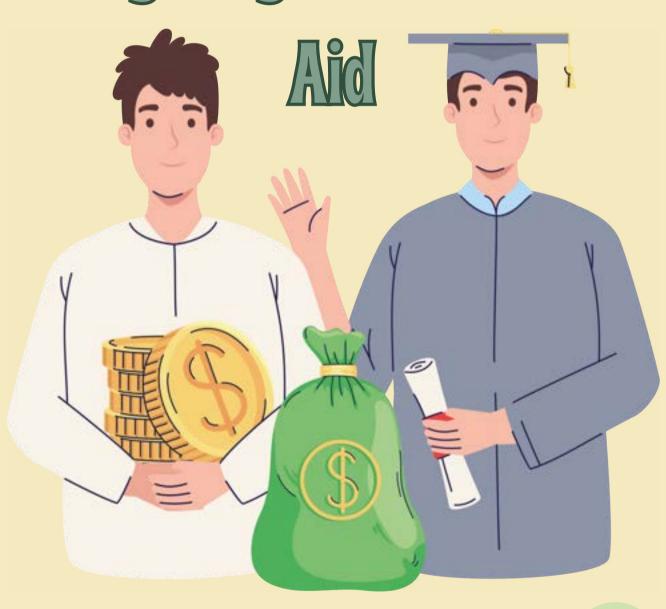
Housing

If you are wanting to live on residence understand what you will be provided with residence services ie. grocery shuttle buses, meal plans, etc.

- If you are wanting to live off campus you may attend rentsmart programs provided by CAS to learn about the process.
- Review the Housing section for more info.
- School maps to find where your class buildings will be held.
- We suggest looking for your classrooms before the day of your first class (Though they are subject to change anytime before school officially begins).

6

How to Navigate Student Budgeting and Financial



Budgeting



Managing your finances during your post-secondary education is crucial. To help you navigate this, we've outlined key areas to consider in your budget. Each section provides insights into what to expect and tips on how to handle these expenses efficiently.

Extra Fees for School Resources

What to Expect: Professors may require additional resources beyond standard textbooks. These could include subscriptions to websites or platforms such as iClicker, Mentimeter, or other online tools that enhance learning.

How to Budget:

- Research Costs Early: Before the semester starts, check your course syllabi and ask professors about any required online tools or subscriptions.
- Allocate a Portion: Set aside a small portion of your budget specifically for these potential costs. This way, you're prepared when these fees arise.
- Look for Alternatives: Sometimes, there are alternative, free resources or tools that can be used. Check with your professors or academic advisors.

Tips:

- Combine Resources: Some tools might have group or institutional rates. Inquire if your school offers any discounts or bulk pricing.
- Negotiate with Peers: You might be able to share subscriptions or resources with classmates to reduce costs.



8

Budget for Groceries

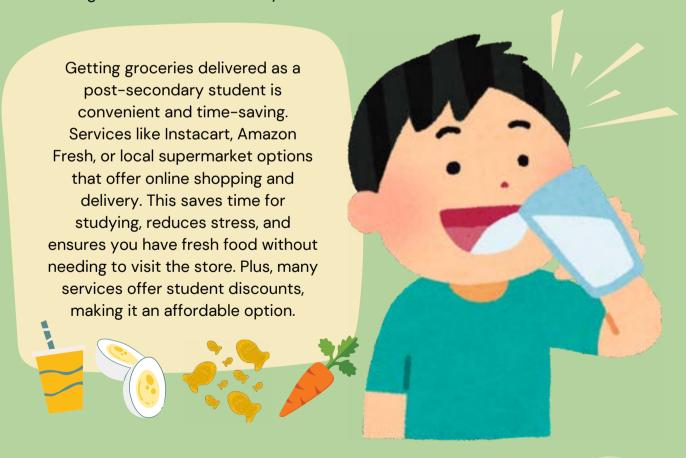
What to Expect: If you're living off-campus or in a suite-style residence, you'll need to budget for groceries. This can be a significant expense, especially if you're used to dining out or having meals prepared for you.

How to Budget:

- Plan Weekly or Monthly: Create a shopping list and meal plan to help manage your grocery expenses. Stick to your list to avoid impulse buys.
- Estimate Costs: Research average grocery costs in your area to create a realistic budget. Factor in both staple items and any specialty foods you prefer.
- Track Spending: Use budgeting apps or spreadsheets to keep track of your grocery expenses and adjust your budget as needed.

Tips:

- Use Student Discounts: Many grocery stores offer student discounts or loyalty programs.
- Shop Smart: Buy in bulk where possible, use coupons, price match and take advantage of sales to save money.



Textbooks and Required Materials

What to Expect: Some textbooks and materials are only available through your school bookstore. This might include specialized books, lab manuals, or other coursespecific resources.

How to Budget:

- Check the Bookstore Early: Look up required textbooks and materials for your courses before the semester starts.
- Compare Prices: If possible, compare prices between the bookstore and other retailers.
 Sometimes you can find used or digital versions cheaper elsewhere.
- Allocate Funds: Set aside a portion of your budget specifically for these educational materials.

Tips:

Rent Textbooks:
Consider renting
textbooks or buying used
ones to save money.

Sell Unused Books:
Once you're done with a
textbook, sell it to
recoup some of the
costs.



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Commuting Costs

What to Expect: If you're living off-campus, commuting to your classes and campus facilities will be a part of your daily routine. This can include public transit fares, parking fees, or fuel costs.

How to Budget:

- Calculate Commuting Costs: Determine the cost of transportation options available to you, such as transit passes, parking fees, or gas.
- Plan for Flexibility: Include a buffer in your budget for unexpected commuting expenses.
- Consider Alternatives: Look into carpooling options, cycling, or walking if feasible to reduce costs.

Tips:

- Get a Transit Pass: If you're using public transit, a monthly pass might be more cost-effective than individual tickets.
- Explore Discounts: Some transit systems offer student discounts, so check if you're eligible.



5. Take Advantage of Student Discounts

What to Expect: Many businesses offer discounts to students, from retail stores to entertainment venues. These discounts can help stretch your budget further.

How to Budget:

- Carry Your Student ID: Always have your student ID with you to take advantage of discounts.
- Research Discounts: Find out which stores, restaurants, and services offer student discounts and make a list of them.
- Use Discount Apps: Some apps and websites aggregate student discounts. Use these to find deals and save money.





Tips:

Sign Up for Student Discounts: Register for any discount programs offered by your school or affiliated organizations.

Stay Informed: Keep an eye on social media and email newsletters for special student promotions.

Student Price Card:

The Student Price Card (SPC) is a student loyalty card in Canada that offers discounts at various stores, restaurants and websites! Things you can get price reductions for vary from technology, fashion, food, beauty, travel, fitness, entertainment, furniture and much more!



Ask a Worker: Tips for Support

Finances can be difficult, especially when starting post secondary, and it can mean there is a lot to balance, budget, and afford. When in doubt, it never hurts to speak with your worker about different ways they can support you and your education, this may include referrals to community services. Just remember, nothing is a guarantee but you cannot know if you do not ask:)

Some examples of things that you can speak to your worker about and may be able to receive some funding or assistance for are listed below:

- Computers
- Learning equipment i.e. headphones, programs to help learn from an IEP, etc.
- Advancement of your RSG funds to help with school seat deposits, residence deposits, first/last month rent, etc.
 - You can possibly receive your funds earlier than usual in order to afford deposits or other larger costs
- Assistance with college/university application fees, transcript fees and supplemental application fees for programs
- Assistance with Residence application fees
- Assistance with first aid/CPR course costs and other certifications required for education or trades learning.
- Ask for help with a start up essentials such as bedding, towels, cooking items, etc.
- Consider speaking to your worker about eligibility for the Holiday Heroes program once you are settled into your housing and need items
- Assistance with funding for graduation (i.e. photo costs, gown rental costs, framing your diploma)

Financial Aid

There are so many different ways for you to receive extra funding to help cover the cost of your education. However, always, make sure you understand what type of funding you are applying for and receiving.

1. Ontario Student Assistance Program (OSAP)



What is it? A combination of grants and loans to help with educational costs. It is a form of provincial student loan.



How to Access: Apply online through the OSAP website. You'll need to provide details about your financial situation, educational program, and personal information.

2. Ontario Learn and Stay Grant



What is it? Funding to cover tuition, books, and other educational expenses.



How to Access: Apply through the Ontario government's official website or your educational institution's financial aid office for specific application instructions.

3. Financial Aid from Schools

Types:

- Bursaries: Non-repayable funds based on need.
- Scholarships: Non-repayable funds based on merit.
- Work-Study Programs: Part-time employment opportunities.
- Emergency Loans: Short-term loans for urgent needs.

Check to see if your school offers 'Free Tuition' support here: https://www.childwelfarepac.com/our-work

How to Access: Contact the financial aid office at your college or university to inquire about available programs and application procedures.

4. Scholarships and Bursaries



What They Are? Awards based on various criteria like academic achievement, financial need, or specific fields of study.

How to Access:



- StudentAwards and ScholarshipsCanada.com: Search for and apply for scholarships and bursaries through these websites.
- Graduate Scholarships: Contact your school's graduate office to apply for the Ontario Graduate Scholarship or the Queen Elizabeth II Graduate Scholarship.

TIP

Check with York Region Children's Fund and Children's Aid Foundation of Canada for Scholarship and Bursary opportunities

5. Bank Loans



What They Are? Student loans or lines of credit offered by financial institutions.



How to Access: Visit or contact banks, trust companies, or credit unions to discuss available loan options and application procedures. They will guide you through the process and requirements.

6. Federal and Provincial Student Loans



What They Are? In Canada, federal student loans are managed by the national government and are available to students across the country, with interest rates that can be fixed or variable. In Ontario, provincial student loans are managed by the provincial government and have interest rates and terms specific to Ontario residents, which can differ from federal loan rates. OSAP is a form of provincial student loan.



How to Access: You can visit the Government of Canada site to find a list of provincial and territorial student aid offices to apply to: https://www.canada.ca/en/services/benefits/education/student-aid/grants-loans.html









To apply for residence for Ontario post-secondary, visit your campus's official website and look for the residence/housing section/services. Most institutions have an online application process where you can fill out and submit your application form, you may be required to pay a deposit at the time of your application. Be sure to check the application deadlines and required documents, such as proof of enrollment or identification. It's also important to contact the residence office if you have any questions or need further assistance. Should you need accessible accommodations make sure to also phone to secure them before the term starts.

How to Research Residence and Other Housing Options

Start by visiting the websites of your educational institution or housing providers to explore the different types of accommodations available. You can also join online forums, social media groups, and student led groups to get insights from current and former residents. Websites like Kijiji, Facebook Marketplace, and local real estate listings can help you find off-campus housing. Always remember to be safe and not give out personal details if the situation seems sketchy, don't go see private housing accommodations on your own. Additionally, visiting the neighborhood and talking to locals can give you a better understanding of the area and its amenities.

Off Campus Student Housing

Before signing ANY rental agreement, it's very important to view the apartment in person to ensure it meets your expectations and needs. It is recommended to bring a second trusted individual with you for safety. Seeing the property in person allows you to check for any existing damages, the condition of appliances, and overall cleanliness (Make sure there's no pests/bugs/rodents). Doing thorough research on the landlord, the neighborhood, and any potential roommates is also very important. This can help you avoid scams, make sure the area is safe, and confirm that the living situation will be suitable for your lifestyle.

16

Pros and Cons to Consider

Pros to On Campus	Cons to On Campus
Convenient to classes and on campus resources	Cost associated with residence and food plans
Security available in building and on campus	Lack of some private space due to more peer interactions and common areas
Peer relationships close by	Limited/no kitchen access
Organized activities accessible	Paid on-site laundry
Opportunity to meet other students in your program	May not be able to stay on campus during school holidays or summer
Resident Advisors for support	Quiet hours and other rules strictly set by the residence and monitored
Roommate selection process/matching	Expected to follow rules and guidelines you may not agree with.
Potential cleaning services for common areas and/or your space	You may be put in a dorm with someone you may not get along with
Potential for some common supply items to be included (i.e. toilet paper, trash bags, etc.)	Communal Showers
Furniture is provided	Germs spread easily in Residence



Pros and Cons to Consider



Pros to Off Campus	Cons to Off Campus
Potential lower cost of rent	Lease/rental agreement may be longer than your school needs
Cooking/Kitchen space	Potential for unknown roommates/housemates
Live with less people or by yourself	Further from campus/transportation costs/time
Flexibility to stay in the house anytime within the listed rental agreement period	No security in public spaces once off campus
Being able to make and set your own rules within your space.	Having roommates who decide their own rules and lifestyles which may not align with yours (i.e. late night parties, etc.)
Potential for furniture in your room to be provided - otherwise this may be a CON if you need to purchase furniture	Potential to feel more isolated due to being off campus/away from peer group
Potentially more privacy due to only having roommates you know.	Potential for hidden fees such as key deposits, utilities, laundry, etc.
No one monitoring your behavior at home compared to on residence with an RA	Sharing expenses of items such as toilet paper, paper towel, cleaning supplies, etc.

Housing Deposits

When renting a residence, you will typically need to pay a housing deposit, which is usually equivalent to one month's rent. To fund this deposit, you can use personal savings, use your OCBE Savings, financial aid, or bursaries. Some organizations and government programs also provide financial assistance for housing costs. It's a good idea to explore all available funding options and plan your finances accordingly to ensure you can cover the deposit and other initial expenses. If renting private, you would need to save up enough for first and last, sometimes landlords also want a damage deposit which is illegal and you do not need to pay. Occasionally you may need to pay a key deposit.

Talk to your worker about possible furniture reimbursements! (beds, dressers, kettles, etc.)





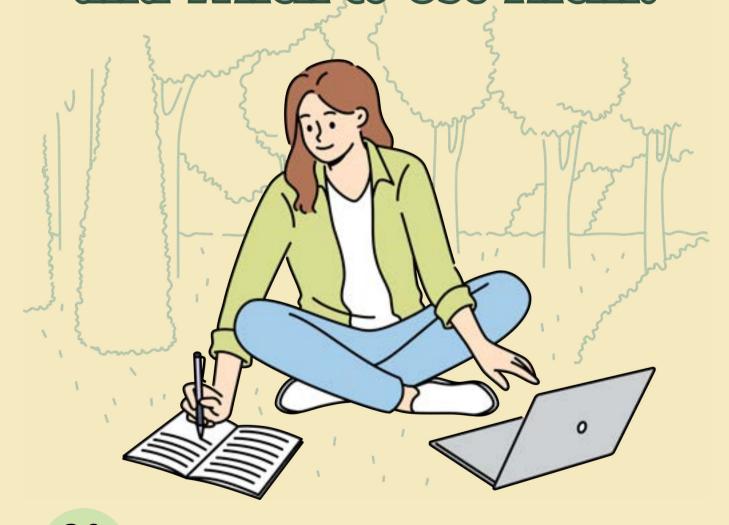


Sometimes workers can find funding to reimburse your spendings on furniture and other housing supplies. Always keep your receipts and talk with your worker if you can be reimbursed! While it can not be guaranteed, it can be used with some things.

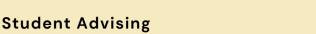
CAS may also support you with a move out start up kit depending on your needs and living situation.

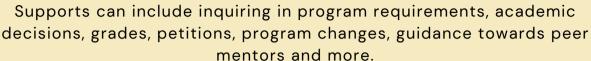


Services to Look for On Campus; What They Provide and When to Use Them.



Academic Success





Student Records and Financial Aid Advising

Supports can include assistance with OSAP, financial blocks, refunds, enrolment letters, transcripts, and more.

Immigration Advising

Supports can include assistance with Study permits, working in Canada, internships/co-op placements, post-graduation work permit, UHIP, and more.

Career Advising

Supports can include assistance with Career exploration, pathways, resumes, cover letters, interview skills, networking, and more.

Accessibility Services

Ask about your IEP here!

Enroll to receive accommodations on tests, assignments, exams, adaptive technology, and disability-related supports.

If you feel you have learning needs then CAS may be able to provide additional support.



Facilities and Resources



Library Services

Services can include, printing services access to computers, study spaces, workshops and study materials. The library is a great alternative to purchasing from the book store and spending money!



Transportation Services

Explore various parking options such as daily parking, permit parking, and off campus parking. Additionally, seek out bike racks and areas that are commuter friendly and where public transportation is accessible around campus.



Campus Healthcare

Discover where dental and doctors offices are available on campus. Some schools also automatically enroll students in health insurance – Seek whether opt out options are provided through student unions



Gym and Fitness Spaces

Explore memberships and spaces available for use. These spaces can include weight lifting gyms, pools, fields, courts, and more



Food on Campus

Various options such as cafeterias, campus restaurants, fast food, and more! Take time to explore different cost effective and healthy alternatives







Indigenous Student Services



Schools may offer spiritual and cultural supports to nurture an inviting and welcoming space for the indigenous community. Supports can include Elders on campus, learning skills, career supports, advice, referrals, and workshops for beading, moccasin, ribbon skirt, and hand drum making.

Health and Well Being

Some schools offer counseling services that are free to students including in-person counseling, virtual counseling, and support groups. Additional health services can also include health education, health promotion, well being resources, well being strategies, and more.

Community and Safety

Students can seek out Gender/LGBTQ*/Positive Space/Cultural resources and organizations on campus. Additionally, many schools have numerous safety services in place such as special constables, reporting stations, accompany in walking from one location to another on campus, safety mobile apps, and more.

Emergencies and Crises



Schools often have community relations support to aid in any current and ongoing conflict happening on campus. Additionally, legal supports may also be offered that include ombudsperson, human rights services, international student/ immigration support, and special constables. Campus safety and crisis support helplines are also available as well.

In Case of Immediate Crisis or Emergency

- Call 911 if there is an immediate risk or danger to yourself or others.
- Call or text 9-8-8 (toll-free) <u>Suicide Prevention and Crisis Response</u>
 <u>Helpline</u> to receive immediate support from a trained crisis responder.

How Can You Modify Your Program to Suit Your Needs



Co-op and Internship Programs

Co-op programs integrate academic study with work experience, allowing students to gain practical skills and industry connections while completing their program.

- You can find Co-op Programs through:
 - School's Website: Check your school's website under career services or co-op education sections.
 - Career Services Office/Centre: Visit the career services office/centre for information on co-op opportunities and resources.
 - Specialized Job Boards: Some schools have dedicated co-op job boards where you can find positions posted by employers looking for co-op students.





Reduced Course Load

This means taking fewer courses per semester to help you manage your workload, reduce stress, and improve academic performance while still being considered a full/part-time student.

- Who/where can you go to get this done?:
 - Academic Advisor: Speak with an academic advisor to plan your reduced course load and ensure you meet all necessary criteria to maintain full-time or part-time status for school and OSAP purposes.
 - Academic Accommodation Support Centre:
 Visit your Academic Accommodation Support
 Centre to gain information on how they can
 assist you with your courses and course load
 - Student Service Hub/Portal: You can manage your courses and course load through your school's Student Service Hub/Portal



Spring/Summer Term Courses

Taking courses during the summer or spring terms can help you catch up or get ahead in your program. This also allows you to lighten your regular semester workload, help you graduate sooner, and provide flexibility in your schedule.

- Where to find Summer/Spring Term Courses
 - Course Catalog: Check your school's course catalog for available summer and spring term courses.
 - Academic Advisors: Consult with academic advisors to ensure the courses fit into your degree plan and meet your graduation requirements.

Program's Website: You can also check if these courses fit your graduation requirements by looking at your specific program's website under their course section.



Minors/Specializations

Adding a minor or specialization allows you to explore and focus on an additional area of interest within or outside your program.

• Faculty/Program Websites: Visit your faculty/program's websites for information on available minors and specializations.

Academic Advisor: Speak with your academic advisor to discuss how adding a minor or specialization can fit into your degree plan.

Making it Work for You

By making your education work for you, you can achieve a balanced, fulfilling, and successful post-secondary journey that sets a strong foundation for your future.

Advising and
Mentorship - Regularly
meet with academic
advisors and seek out
mentorship
opportunities to guide
you through your
academic journey.

Learning Options –
Look into online
courses, night classes,
and part-time study
options if you need a
more flexible schedule.

Academic Support
Services - Utilize
tutoring centers,
writing labs, and study
workshops to enhance
your academic
performance.

Customizing Your Degree –
Explore options like minors,
specializations, and combined
degree programs to tailor your
education to your interests
and career goals.

Extracurricular Activities - Get involved in clubs, organizations, and volunteer opportunities to complement your academic experience, build great social connections and a well-rounded resume.



How to Get Involved in Your School Community





Joining clubs can offer many benefits for students, from personal growth and skill development to career preparation and social connections. Some common types of clubs are based on recreation/sports, culture, arts, social justice, community services, STEM, health and wellness, hobbies, and academics.

- You can find information on these at
 - Club Fairs: Most schools host club fairs at the beginning of the semester
 - School's Website: Many schools have listings of all available clubs and contact information on the Recreation or Campus Life section of their website

Student Union Offices: They have a Student Group Directory which provides a listing of all available clubs and contact information

Volunteer Opportunities

Volunteer Opportunities

Taking part in volunteer opportunities can help you gain practical experience, develop valuable skills, and make a positive impact on the community. Some common volunteer opportunities offered at post-secondary institutions include tutoring, peer mentoring, orientation leaders, research assistant, and student government/council/committees.

- You can find information on these at
 - School's Website/Portal: Often listed under post-secondary institutions Student Life and Learning Support or Volunteer Services section of the website or designated online portal
 - School Newsletters: Subscribe to newsletters from your school or faculty to learn about volunteer opportunities provided through them
 - Clubs: Often have connections to volunteer opportunities related to their purpose
 - Networking: Your Professors and upper-level peers could know more information on this

Volunteer Fairs: Are often organized by the school and includes many volunteer opportunities in and outside the school

Student Union Events

Your student union promotes numerous events throughout the year, including social gatherings, cultural festivals, workshops, and advocacy campaigns. Participating in these events can help you meet new people and get involved in campus life. Look into joining the committees they offer in order to help with organizing these events.

- You can find information on these at
 - Student union's website: You can find it under the Campus Life or Events section of their website
 - Student union newsletters: Subscribe to newsletters from your student union to learn about their upcoming events and other opportunities they offer

Student Centers



These centers are designed to support students in various aspects of their lives, helping them succeed academically, professionally, and personally. Accessing student centers can greatly enhance your post-secondary experience through academic support, career development, health and wellness services, social connections, and opportunities for personal growth. Some common types of Student Centers at post-secondary institutions include Student Unions, Academic Support Centers, Career Services Centers, Cultural and Diversity Centers, and Recreation and Fitness Centers.

- You can find information on these at
 - School's Website: Many schools have listings of all Student Centres on the Campus Life, Student Life, Student Resources, or Learning Support section of their website
 - Campus Maps: Physical or digital maps provided by the school can help locate specific centers on campus.
 - Campus Tours: Take a guided tour of the campus, which usually highlights important student centers and services.
 - Orientation sessions: Attend orientation sessions where student centers and their services are often introduced.
 - Academic Advisors: Consult academic advisors or student services staff who can guide you to the appropriate centers.
 - Peer mentors: Reach out to your faculty, Student Services, or Academic Advising department to get connected with a peer mentor. Peer mentors are upper-year students who voluntarily guide and support incoming/new students.

Graduation



31



When the time finally comes for you to graduate there is a lot more to take into consideration than one may think! Here are some things to keep an eye out for...

1

Find your schools graduation checklist and make sure to complete the tasks by their appropriate dates



THE CHECKLIST OFTEN INCLUDES THINGS SUCH AS:

Complete application to graduate

Rent graduation regalia

Reserve guest tickets

Register for accessibility needs for the ceremony

Update your personal information to ensure all majors, minors, and specializations are accurate to your degree/diploma/program Included in these may be information such as the information such as rrival ceremony location, arrival time for graduates and guests, and guest parking location fees

2

Check email and school announcements!! Your school may send out emails with important graduation information and dates



Speak to an academic advisor to go over your program requirements to make sure that you qualify to graduate

Plan ahead for after graduation!



YOUR FUTURE



There are so many post grad options!
Joining the workforce, graduate studies,
completing other programs or
undergraduate studies, or even entering
research are all things you may want to
consider after you have completed your
program. Just make sure to do your
research and give yourself plenty of time to
complete the necessary applications and
pre-requisites.

If you are applying to more post secondary programs, double check you are using the right application site for the specific program! Different graduate studies or other programs may have different application procesess.





Education is not a race. Whether you sprint, stroll, or take detours, what matters is that you're moving forward.

Your journey is about becoming who you want to be, on your own terms.

Every step you take, whether its on a straight line or winding road, is a step towards your own version of success.

The world is full of possibilities, where all paths can lead to greatness.

There are countless roads to adhievement, your path to success is as unique and extraordinary as you are.

34

